

Amserau Trenau | Train Times

15 Mai 2022 - 10 Rhagfyr 2022 | 15 May 2022 - 10 December 2022

Birmingham - Amwythig - Aberystwyth - Pwllheli

Birmingham - Shrewsbury -
Aberystwyth - Pwllheli



Mae gwasanaethau'n gallu newid felly gwnewch eich gwaith cartref cyn teithio, ewch i trc.cymru

Services are subject to change, check before you travel, visit tfw.wales



Teithio'n saffach

Ystyriwch bobl eraill - rydym yn argymhell eich bod yn gwisgo gorchudd wyneb

Travel safer

Consider others - we recommend you wear a face covering



Dod o hyd i drenau llai prysur: defnyddiwch ein Gwiriwr Capasiti a Theithio'n Saffach, lawrlwythwch ap TrC neu ewch i trc.cymru/gwiriwr-capasiti

Find trains with space: use our Capacity Checker and Travel Safer, download the TFW app or visit tfw.wales/capacity-checker

TTB01a_DLB_V4_04/22



TRAFNIDIAETH CYMRU
TRANSPORT FOR WALES

Paid â chael dy ddal!

Don't get caught red-handed!



Mae Arolygwyr Diogelu Refeniw yn patrolio ein rhwydwaith yn rheolaidd yn gwirio ticedi.

Mae'n rhaid i chi brynu tocyn dilys ar gyfer eich taith cyn mynd ar y trê - dyna'r gyfraith.*

Os nad ydych yn gwneud hynny, gallech chi gael eich erlyn a chael hyd at **£1000** o ddirwy.

Revenue Protection Inspectors are regularly patrolling our network checking tickets.

You must buy a valid ticket for your journey before getting on the train - it's the law.*

If you don't, you risk prosecution and fines of up to **£1000**.

* Amodau Teithio National Rail ac Is-ddeddfau Rheilffyrdd 2005

*National Rail Conditions of Travel and Railway Byelaws 2005



	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Llundain Euston / London Euston 15	d									0643	
Birmingham Rhyngwladol / Birmingham International 1	d									0806	
Birmingham New Street 12	d							0625		0825	
Smethwick Galton Bridge 7	d							0632		0832	
Wolverhampton 7	d							0644		0845	
Telford Canolog / Telford Central	d							0702		0903	
Wellington	d							0709		0910	
Amwythig / Shrewsbury	a							0724		0925	
Amwythig / Shrewsbury	d					0625	0727			0930	
Y Trallwng / Welshpool	d					0648	0749			0952	
Y Drenewydd / Newtown	d					0703	0804			1007	
Caersws	d					0710	0811			1014	
Machynlleth 4	a					0741	0843			1045	
Machynlleth 4	d	0452	0507	0545	0643	0647	0747	0848	0852	1050	1055
Cyff Dyfi / Dovey Junction	d	0458	0513	0554	0649	0655	0755	0855	0858	1056	1101
Borth	d	0508		0604		0705	0805	0905		1106	
Bow Street	d	0514		0610		0711	0811	0911		1112	
Aberystwyth	a	0524		0620		0721	0822	0921		1121	
Aberystwyth Traws	d			0640			0840	0940		1140	
Caerfyrddin / Carmarthen Traws	a			0857			1057	1157		1357	
Penhelig	d		0522x		0658x				0907x		1110x
Aberdyfi / Aberdovey	d		0526		0702				0911		1114
Tywyn	d		0534		0714				0929		1130
Tonfanau	d		0538x		0717x				0933x		1133x
Llwyngwrl	d		0544x		0724x				0939x		1140x
Fairbourne	d		0553		0732				0948		1149
Morfa Mawddach	d		0554x		0734x				0949x		1150x
Y Bermo / Barmouth	d				0747				1001		1201
Llanaber	d				0751x				1005x		1205x
Talybont	d				0754x				1008x		1208x
Dyffryn Ardudwy	d				0757x				1011x		1211x
Llanbedr	d				0802x				1016x		1216x
Pensarn	d				0803x				1017x		1217x
Llandanwg	d				0806x				1020x		1220x
Harlech	d				0825				1026		1227
Tywyn	d				0830x				1031x		1232x
Talsarnau	d				0831x				1032x		1233x
Llandecwyn	d				0834x				1035x		1236x
Penrhyndeudraeth	d				0838				1039		1240
Minffordd am\for Portmeirion	d				0841				1042		1243
Porthmadog	d				0850				1051		1252
Criccieth	d				0857				1058		1259
Penychain	d				0903x				1104x		1305x
Abererch	d				0907x				1108x		1309x
Pwllheli	a				0912				1113		1314

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
	◇	◇	◇	Ⓡ	◇	◇	◇	◇	Ⓡ	◇
Llundain Euston / London Euston	d	0843		1043		1243			1443	
Birmingham Rhyngwladol / Birmingham International	d	1006		1206		1406			1606	
Birmingham New Street	d	1025		1225		1425			1625	
Smethwick Galton Bridge	d	1032		1232		1432			1632	
Wolverhampton	d	1044		1244		1444			1644	
Telford Canolog / Telford Central	d	1101		1302		1501			1701	
Wellington	d	1109		1309		1509			1709	
Amwythig / Shrewsbury	a	1123		1322		1523			1722	
Amwythig / Shrewsbury	d	1029	1127	1328		1528			1730	
Y Trallwng / Welshpool	d	1051	1149	1351		1552			1752	
Y Drenewydd / Newtown	d	1106	1204	1406		1607			1807	
Caerws	d	1113	1211	1413		1614			1814	
Machynlleth	a	1141	1242	1444		1645			1843	
Machynlleth	d	1142	1247	1251	1449	1456	1650	1655	1801	1849
Cyff Dyfi / Dovey Junction	d	1154	1255	1257	1455	1502	1656	1701		1857
Borth	d	1204	1305		1505		1706			1907
Bow Street	d	1210	1311		1511		1712			1913
Aberystwyth	a	1220	1322		1521		1721		1827	1921
Aberystwyth Traws	d		1340		1540		1740		1840	
Caerfyrddin / Carmarthen Traws	a		1557		1757		1953		2040	
Penhelig	d			1306x		1511x		1710x		1919x
Aberdyfi / Aberdovey	d			1310		1515		1714		1923
Tywyn	d			1325		1526		1729		1933
Tonfanau	d			1329x		1530x		1732x		1936x
Llwyngwrlil	d			1335x		1536x		1739x		1943x
Fairbourne	d			1344		1545		1747		1951
Morfa Mawddach	d			1345x		1546x		1749x		1953x
Y Bermo / Barmouth	d			1357		1558		1800		2004
Llanaber	d			1401x		1602x		1804x		2008x
Talybont	d			1404x		1605x		1807x		2012x
Dyffryn Ardudwy	d			1407x		1608x		1810x		2015x
Llanbedr	d			1412x		1613x		1815x		2020x
Pensarn	d			1413x		1614x		1816x		2021x
Llandanwg	d			1416x		1617x		1819x		2024x
Harlech	d			1431		1628		1833		2030
Tywyn	d			1436x		1632x		1837x		2035x
Talsarnau	d			1437x		1633x		1838x		2036x
Llandecwyn	d			1440x		1636x		1841x		2039x
Penrhyndeudraeth	d			1444		1640		1845		2043
Minffordd am\for Portmeirion	d			1447		1644		1849		2047
Porthmadog	d			1456		1652		1857		2055
Criccieth	d			1503		1700		1904		2103
Penychain	d			1509x		1705x		1911x		2108x
Abererch	d			1513x		1709x		1914x		2112x
Pwllheli	a			1519		1717		1920		2118

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	TfW	TfW	TfW	TfW	TfW					
	◇	◇	◇	◇	◇					
Llundain Euston / London Euston	d	1643			1843					
Birmingham Rhyngwladol / Birmingham International	d	1806			2006					
Birmingham New Street	d	1825			2025					
Smethwick Galton Bridge	d	1832			2032					
Wolverhampton	d	1844			2044					
Telford Canolog / Telford Central	d	1902			2 10 1					
Wellington	d	1909			2 109					
Amwythig / Shrewsbury	a	1922			2 123					
Amwythig / Shrewsbury	d	183 1	1930		2032	2 150				
Y Trallwng / Welshpool	d	1853	1952		2054	22 12				
Y Drenewydd / Newtown	d	1908	2007		2 109	2227				
Caersws	d	19 15	20 14		2 117	2234				
Machynlleth	a	1946	2048		2 143	2302				
Machynlleth	d	1947	2049	2 147	2 150	2306				
Cyff Dyfi / Dovey Junction	d	1955	2057	2 153	2 158	23 12				
Borth	d	2005	2 107		2208	2322				
Bow Street	d	20 11	2 113		22 14	2328				
Aberystwyth	a	2020	2 122		2222	2336				
Aberystwyth Traws	d									
Caerfyrddin / Carmarthen Traws	a									
Penhelig	d			2202x						
Aberdyfi / Aberdovey	d			2206						
Tywyn	d			22 17						
Tonfanau	d			222 1x						
Llwyngwrl	d			2227x						
Fairbourne	d			2236						
Morfa Mawddach	d			2237x						
Y Bermo / Barmouth	d			2248						
Llanaber	d			2253x						
Talybont	d			2256x						
Dyffryn Ardudwy	d			2258x						
Llanbedr	d			2303x						
Pensarn	d			2304x						
Llandanwg	d			2307x						
Harlech	d			23 14						
Tywyn	d			23 19x						
Talsarnau	d			2320x						
Llandecwyn	d			2323x						
Penrhyndeudraeth	d			2327						
Minffordd am\for Portmeirion	d			233 1						
Porthmadog	d			2339						
Criccieth	d			2347						
Penychain	d			2352x						
Abererch	d			2356x						
Pwllheli	a			000 1						

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	◇	◇	◇	Ⓡ	◇	◇	◇	◇	◇	◇
Pwllheli	d				0629		0724		0934	
Abererch	d				0633x		0728x		0938x	
Penychain	d				0636x		073 1x		094 1x	
Criccieth	d				0643		0738		0948	
Porthmadog	d				0653		0747		0957	
Minffordd am\for Portmeirion	d				0657		0752		100 1	
Penrhyndeudraeth	d				070 1		0756		1005	
Llandecwyn	d				0703x		0758x		1007x	
Talsarnau	d				0705x		0800x		1009x	
Tywyn	d				0709x		0804x		10 13x	
Harlech	d				07 17		082 1		1029	
Llandanwg	d				0723x		0826x		1035x	
Pensarn	d				0724x		0828x		1036x	
Llanbedr	d				0728x		083 1x		1040x	
Dyffryn Ardudwy	d				073 1x		0834x		1043x	
Talybont	d				0734x		0837x		1046x	
Llanaber	d				0739x		0843x		105 1x	
Y Bermo / Barmouth	d		0645		0749		0852		1059	
Morfa Mawddach	d		0649x		0753x		0856x		1103x	
Fairbourne	d		0653		0757		0900		1107	
Llwyngwrl	d		0659x		0804x		0906x		1114x	
Tonfanau	d		0706x		08 11x		09 13x		112 1x	
Tywyn	d		07 14		08 17		0927		1130	
Aberdyfi / Aberdovey	d		0720		0823		0933		1136	
Penhelig	d		0723x		0825x		0935x		1138x	
Caerfyrddin / Carmarthen Traws	d					06 15		0705		0905
Aberystwyth Traws	a					1824		0924		1124
Aberystwyth	d	0526	0629		0728		0829		0929	1128
Bow Street	d	0534	0637		0736		0837		0937	1136
Borth	d	0541	0644		0743		0844		0944	1143
Cyff Dyfi / Dovey Junction	d	055 1	0654	0736	0753	0838	0858	0948	0954	1150
Machynlleth	4 a	0559	0702	0743	080 1	0846	0906	0955	1002	1158
Machynlleth	4 d	0602	0705		0805		0906		1008	1205
Caersws	d	0628	0732		0832		0933		1035	1232
Y Drenewydd / Newtown	d	0635	0739		0839		0940		1042	1239
Y Trallwng / Welshpool	d	0650	0754		0854		0955		1056	1254
Amwythig / Shrewsbury	a	07 13	08 19		09 18		1020		1120	13 16
Amwythig / Shrewsbury	d	0731			0931				1134	1334
Wellington	d	0746			0945				1147	1347
Telford Canolog / Telford Central	d	0753			0952				1153	1354
Wolverhampton	7 d	08 11			10 11				12 12	14 12
Smethwick Galton Bridge	7 a	0822			1022				1222	1422
Birmingham New Street	12 a	0834			1033				1234	1433
Birmingham Rhyngwladol / Birmingham International	a	085 1			1050				1250	1450
Llundain Euston / London Euston	15 a	1033			1234				1434	1634

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	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
Pwllheli	d	1137		1338		1537		1742		
Abererch	d	114 1x		1342x		154 1x		1746x		
Penychain	d	1144x		1345x		1544x		1749x		
Criccieth	d	115 1		1352		155 1		1756		
Porthmadog	d	120 1		1402		160 1		1806		
Minffordd am\for Portmeirion	d	1205		1406		1605		18 10		
Penrhyndeudraeth	d	1209		14 10		1609		18 14		
Llandecwyn	d	12 1 1x		14 12x		16 1 1x		18 16x		
Talsarnau	d	12 13x		14 14x		16 13x		18 18x		
Tywyn	d	12 17x		14 18x		16 17x		1822x		
Harlech	d	1228		1428		1629		1830		
Llandanwg	d	1234x		1434x		1635x		1836x		
Pensarn	d	1235x		1435x		1636x		1837x		
Llanbedr	d	1239x		1439x		1640x		184 1x		
Dyffryn Ardudwy	d	1242x		1442x		1643x		1844x		
Talybont	d	1245x		1445x		1646x		1847x		
Llanaber	d	1250x		1450x		165 1x		1852x		
Y Bermo / Barmouth	d	1255		1455		1656		1857		
Morfa Mawddach	d	1259x		1459x		1700x		190 1x		
Fairbourne	d	1303		1503		1704		1905		
Llwyngwril	d	1309x		1509x		17 10x		19 12x		
Tonfanau	d	13 16x		15 16x		17 17x		19 19x		
Tywyn	d	1325		1526		1727		1934		
Aberdyfi / Aberdovey	d	133 1		1532		1733		1940		
Penhelig	d	1333x		1535x		1735x		1943x		
Caerfyrddin / Carmarthen Traws	d		1105		1305		1505 1605			
Aberystwyth Traws	a		1324		1524		1724 1824			
Aberystwyth	d	1229		1329		1529		1727 183 1		1929
Bow Street	d	1237		1337		1537		1735 1839		1937
Borth	d	1244		1344		1544		1742 1846		1944
Cyff Dyfi / Dovey Junction	d	1257 1346	1354	1547	1554 1748	1752	1856	1956 1959		
Machynlleth	a	1305	1352	1402 1555	1602 1756	1800	1905	2004 2007		
Machynlleth	a	1306	1407		1608	1805	1909		20 11	
Caersws	d	1333	1434		1635	1834	1936		2038	
Y Drenewydd / Newtown	d	1340	144 1		1642	184 1	1943		2045	
Y Trallwng / Welshpool	d	1354	1455		1656	1856	1957		2 100	
Amwythig / Shrewsbury	a	14 18	15 19		1720	192 1	2020		2 125	
Amwythig / Shrewsbury	d		1532		1732	1932			2 132	
Wellington	d		1545		1746	1946			2 146	
Telford Canolog / Telford Central	d		1553		1753	1953			2 153	
Wolverhampton	d		16 11		18 11	20 12			22 12	
Smethwick Galton Bridge	a		162 1		182 1	2022			2222	
Birmingham New Street	a		1633		1835	2033			2233	
Birmingham Rhyngwladol / Birmingham International	a		1650		185 1	2049			2250	
Llundain Euston / London Euston	a		1834		2036	224 1			0 112	

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	TfW	TfW	TfW ◇	TfW	TfW						
Pwllheli	d		2026								
Abererch	d		2030x								
Penychain	d		2033x								
Criccieth	d		2040								
Porthmadog	d		2056								
Minffordd am\for Portmeirion	d		2100								
Penrhyndeudraeth	d		2104								
Llandecwyn	d		2106x								
Talsarnau	d		2108x								
Tywyn	d		2112x								
Harlech	d		2119								
Llandanwg	d		2125x								
Pensarn	d		2126x								
Llanbedr	d		2130x								
Dyffryn Ardudwy	d		2133x								
Talybont	d		2136x								
Llanaber	d		2142x								
Y Bermo / Barmouth	d		2146								
Morfa Mawddach	d		2150x								
Fairbourne	d		2154								
Llwyngwrl	d		2201x								
Tonfanau	d		2208x								
Tywyn	d		2217								
Aberdyfi / Aberdovey	d		2223								
Penhelig	d		2225x								
Caerfyrddin / Carmarthen Traws	d	1805									
Aberystwyth Traws	a	2024									
Aberystwyth	d	2029	2129		2229	2339					
Bow Street	d	2037	2137		2237	2347					
Borth	d	2044	2144		2244	2354					
Cyff Dyfi / Dovey Junction	d	2058	2156	2238	2254	0004					
Machynlleth	a	2107	2205	2245	2303	0013					
Machynlleth	d										
Caersws	d										
Y Drenewydd / Newtown	d										
Y Trallwng / Welshpool	d										
Amwythig / Shrewsbury	a										
Amwythig / Shrewsbury	d										
Wellington	d										
Telford Canolog / Telford Central	d										
Wolverhampton	d										
Smethwick Galton Bridge	a										
Birmingham New Street	a										
Birmingham Rhyngwladol / Birmingham International	a										
Llundain Euston / London Euston	a										

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
Off-Peak Day tickets may not be valid for travel between 0430 and 0930 and for journeys starting between 1600 and 1829 Mon-Fri.
Please check restrictions before travel.

Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfw.wales or call 03457 48 49 50.

	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Llundain Euston / London Euston  d		◇								Ⓜ
Birmingham Rhyngwladol / Birmingham International  d										0806
Birmingham New Street  d								0624		0825
Smethwick Galton Bridge  d								0631		0832
Wolverhampton  d								0644		0846
Telford Canolog / Telford Central d								0700		0903
Wellington d								0707		0909
Amwythig / Shrewsbury a								0721		0922
Amwythig / Shrewsbury d							0625	0729		0930
Y Trallwng / Welshpool d							0647	0752		0952
Y Drenewydd / Newtown d							0702	0807		1007
Caersws d							0709	0814		1014
Machynlleth  a							0742	0845		1045
Machynlleth  d	0452	0509	0547	0643	0647	0746	0849	0853	1050	1055
Cyff Dyfi / Dovey Junction d	0458	0515	0555	0649	0655	0755	0856	0859	1056	1101
Borth d	0508		0605		0705	0805	0906		1106	
Bow Street d	0514		0611		0711	0811	0912		1112	
Aberystwyth a	0524		0621		0721	0820	0921		1121	
Aberystwyth Traws  d			0640			0840	0940		1140	
Caerfyrddin / Carmarthen Traws  a			0857			1057	1157		1357	
Penhelig d		0524x		0658x				0908x		1110x
Aberdyfi / Aberdovey d		0528		0702				0912		1114
Tywyn d		0536		0714				0929		1130
Tonfanau d		0540x		0717x				0933x		1133x
Llwyngwrl d		0546x		0724x				0939x		1140x
Fairbourne d		0555		0732				0948		1148
Morfa Mawddach d		0556x		0734x				0949x		1150x
Y Bermo / Barmouth d				0747				1001		1201
Llanaber d				0751x				1005x		1205x
Talybont d				0754x				1008x		1208x
Dyffryn Ardudwy d				0757x				1011x		1211x
Llanbedr d				0802x				1016x		1216x
Pensarn d				0803x				1017x		1217x
Llandanwg d				0806x				1020x		1220x
Harlech d				0825				1026		1227
Tygwyn d				0830x				1031x		1232x
Talsarnau d				0831x				1032x		1233x
Llandecwyn d				0834x				1035x		1236x
Penrhyndeudraeth d				0838				1039		1240
Minffordd am\for Portmeirion d				0841				1042		1243
Porthmadog d				0850				1051		1252
Criccieth d				0857				1058		1259
Penychain d				0903x				1104x		1305x
Abererch d				0907x				1108x		1309x
Pwllheli a				0912				1113		1314










	TfW ◇	TfW R	TfW ◇	TfW R	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇		
Llundain Euston / London Euston 15 ⇄		0843		1043		1243			1443		
Birmingham Rhyngwladol / Birmingham International →	d	1006		1206		1406			1606		
Birmingham New Street 12	d	1025		1225		1425			1625		
Smethwick Galton Bridge 7	d	1032		1232		1432			1632		
Wolverhampton 7	d	1045		1244		1444			1644		
Telford Canolog / Telford Central	d	1101		1300		1502			1702		
Wellington	d	1108		1307		1509			1709		
Amwythig / Shrewsbury	a	1121		1321		1524			1723		
Amwythig / Shrewsbury	d	1029	1129		1329		1530		1727		
Y Trallwng / Welshpool	d	1051	1151		1351		1552		1749		
Y Drenewydd / Newtown	d	1106	1206		1406		1607		1804		
Caerws	d	1113	1213		1413		1614		1811		
Machynlleth 4	a	1142	1244		1444		1645		1842		
Machynlleth 4	d	1146	1249	1252	1449	1456	1650	1655	1801	1848	1904
Cyff Dyfi / Dovey Junction	d	1155	1257	1258	1455	1502	1656	1701		1856	1910
Borth	d	1205	1307		1505		1706			1906	
Bow Street	d	1211	1313		1511		1712			1912	
Aberystwyth	a	1221	1322		1522		1721		1829	1921	
Aberystwyth Traws ⇄	d		1340		1540		1740		1840		
Caerfyrddin / Carmarthen Traws ⇄	a		1557		1757		1953		2040		
Penhelig	d			1307x		1511x		1710x			1919x
Aberdyfi / Aberdovey	d			1311		1515		1714			1923
Tywyn	d			1324		1525		1729			1933
Tonfanau	d			1328x		1529x		1732x			1936x
Llwyngwrlil	d			1334x		1535x		1739x			1943x
Fairbourne	d			1343		1544		1747			1951
Morfa Mawddach	d			1344x		1545x		1749x			1953x
Y Bermo / Barmouth	d			1356		1557		1800			2004
Llanaber	d			1400x		1601x		1804x			2008x
Talybont	d			1403x		1604x		1807x			2011x
Dyffryn Ardudwy	d			1406x		1607x		1810x			2014x
Llanbedr	d			1411x		1612x		1815x			2019x
Pensarn	d			1412x		1613x		1816x			2020x
Llandanwg	d			1415x		1616x		1819x			2023x
Harlech	d			1431		1629		1833			2029
Tywyn	d			1436x		1633x		1837x			2033x
Talsarnau	d			1437x		1634x		1838x			2034x
Llandecwyn	d			1440x		1637x		1841x			2037x
Penrhyndeudraeth	d			1444		1641		1845			2041
Minffordd am\for Portmeirion	d			1447		1645		1849			2045
Porthmadog	d			1456		1653		1857			2053
Criccieth	d			1503		1700		1904			2101
Penychain	d			1509x		1706x		1910x			2106x
Abererch	d			1513x		1710x		1914x			2110x
Pwllheli	a			1520		1715		1918			2116


	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇					
Llundain Euston / London Euston 15 ⇄	d	1643			1840					
Birmingham Rhyngwladol / Birmingham International →	d	1806			2006					
Birmingham New Street 12	d	1825			2025					
Smethwick Galton Bridge 7	d	1832			2032					
Wolverhampton 7	d	1844			2044					
Telford Canolog / Telford Central	d	1901			2101					
Wellington	d	1909			2108					
Amwythig / Shrewsbury	a	1923			2122					
Amwythig / Shrewsbury	d	1827	1930		2032	2143				
Y Trallwng / Welshpool	d	1849	1952		2054	2205				
Y Drenewydd / Newtown	d	1904	2007		2109	2220				
Caersws	d	1911	2014		2116	2227				
Machynlleth 4	a	1944	2048		2143	2257				
Machynlleth 4	d	1946	2053	2147	2150	2303				
Cyff Dyfi / Dovey Junction	d	1955	2101	2153	2158	2309				
Borth	d	2005	2111		2208	2319				
Bow Street	d	2011	2117		2214	2325				
Aberystwyth	a	2022	2125		2222	2335				
Aberystwyth Traws ⇄	d									
Caerfyrddin / Carmarthen Traws ⇄	a									
Penhelig	d			2202x						
Aberdyfi / Aberdovey	d			2206						
Tywyn	d			2217						
Tonfanau	d			2220x						
Llwyngwrl	d			2227x						
Fairbourne	d			2235						
Morfa Mawddach	d			2237x						
Y Bermo / Barmouth	d			2248						
Llanaber	d			2252x						
Talybont	d			2255x						
Dyffryn Ardudwy	d			2258x						
Llanbedr	d			2303x						
Pensarn	d			2304x						
Llandanwg	d			2307x						
Harlech	d			2314						
Tygwyn	d			2318x						
Talsarnau	d			2319x						
Llandecwyn	d			2322x						
Penrhyndeudraeth	d			2327						
Minffordd am\for Portmeirion	d			2330						
Porthmadog	d			2337						
Criccieth	d			2345						
Penychain	d			2350x						
Abererch	d			2354x						
Pwllheli	a			2359						

	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
	◇	◇	◇	℞	◇	◇	◇	℞	◇	℞
Pwllheli	d				0629		0724		0934	
Abererch	d				0633x		0728x		0938x	
Penychain	d				0636x		073 1x		094 1x	
Criccieth	d				0643		0738		0948	
Porthmadog	d				0653		0747		0958	
Minffordd am\for Portmeirion	d				0657		0752		1002	
Penrhyndeudraeth	d				070 1		0756		1006	
Llandecwyn	d				0703x		0758x		1008x	
Talsarnau	d				0705x		0800x		10 10x	
Tywyn	d				0709x		0804x		10 14x	
Harlech	d				07 17		082 1		1028	
Llandanwg	d				0723x		0826x		1034x	
Pensarn	d				0724x		0828x		1035x	
Llanbedr	d				0728x		083 1x		1039x	
Dyffryn Ardudwy	d				073 1x		0834x		1042x	
Talybont	d				0734x		0837x		1045x	
Llanaber	d				0739x		0843x		1050x	
Y Bermo / Barmouth	d		0645		0749		0852		1059	
Morfa Mawddach	d		0649x		0753x		0856x		1103x	
Fairbourne	d		0653		0757		0900		1107	
Llwyngwrl	d		0659x		0804x		0906x		1114x	
Tonfanau	d		0706x		08 11x		09 13x		112 1x	
Tywyn	d		07 14		08 17		0927		1130	
Aberdyfi / Aberdovey	d		0720		0823		0933		1136	
Penhelig	d		0723x		0825x		0935x		1139x	
Caerfyrddin / Carmarthen Traws	d					06 15		0705		0905
Aberystwyth Traws	a					0824		0924		1124
Aberystwyth	d	0529	0629		0729		0829		0929	1129
Bow Street	d	0537	0637		0737		0837		0937	1137
Borth	d	0544	0644		0744		0844		0944	1144
Cyff Dyfi / Dovey Junction	d	0554	0654	0736	0754	0838	0859	0948	0954	1152 1155
Machynlleth	4 a	0602	0702	0743	0805	0848	0907	0954	1002	1158 1203
Machynlleth	4 d	0603	0703		0808		0908		1008	1207
Caersws	d	0630	0730		0835		0935		1035	1234
Y Drenewydd / Newtown	d	0637	0737		0842		0942		1042	1241
Y Trallwng / Welshpool	d	0651	0752		0856		0956		1056	1255
Amwythig / Shrewsbury	a	07 14	08 14		0920		10 19		11 19	13 19
Amwythig / Shrewsbury	d	0732			0931				1133	1333
Wellington	d	0746			0945				1147	1347
Telford Canolog / Telford Central	d	0753			0952				1153	1354
Wolverhampton	7 d	08 12			10 10				12 11	14 12
Smethwick Galton Bridge	7 a	0822			1020				122 1	1422
Birmingham New Street	12 a	0832			1033				1233	1433
Birmingham Rhyngwladol / Birmingham International	a	0850	0939		105 1				1249	1450
Llundain Euston / London Euston	15 a	1057			1233				1433	1633

		TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇
Pwllheli	d		1137		1338		1537			1742
Abererch	d		114 1x		1342x		154 1x			1746x
Penychain	d		1144x		1345x		1544x			1749x
Criccieth	d		115 1		1352		155 1			1756
Porthmadog	d		120 1		1402		160 1			1806
Minffordd am\for Portmeirion	d		1205		1406		1605			18 10
Penrhyndeudraeth	d		1209		14 10		1609			18 14
Llandecwyn	d		12 1 1x		14 12x		16 1 1x			18 16x
Talsarnau	d		12 13x		14 14x		16 13x			18 18x
Tywyn	d		12 17x		14 18x		16 17x			1822x
Harlech	d		1228		1428		1629			1830
Llandanwg	d		1234x		1434x		1635x			1836x
Pensarn	d		1235x		1435x		1636x			1837x
Llanbedr	d		1239x		1439x		1640x			184 1x
Dyffryn Ardudwy	d		1242x		1442x		1643x			1844x
Talybont	d		1245x		1445x		1646x			1847x
Llanaber	d		1250x		1450x		165 1x			1852x
Y Bermo / Barmouth	d		1255		1455		1656			1857
Morfa Mawddach	d		1259x		1459x		1700x			190 1x
Fairbourne	d		1303		1503		1704			1905
Llwyngwril	d		13 10x		1509x		17 10x			19 12x
Tonfanau	d		13 17x		15 16x		17 17x			19 19x
Tywyn	d		1325		1526		1727			1935
Aberdyfi / Aberdovey	d		133 1		1532		1733			194 1
Penhelig	d		1333x		1535x		1735x			1943x
Caerfyrddin / Carmarthen Traws	d			1105		1305		1505	1605	
Aberystwyth Traws	a			1324		1524		1724	1824	
Aberystwyth	d	1229		1329		1529		1728	183 1	1929
Bow Street	d	1237		1337		1537		1735	1839	1937
Borth	d	1244		1344		1544		1742	1846	1944
Cyff Dyfi / Dovey Junction	d	1258	1346	1354	1547	1554	1748	1752	1856	1956
Machynlleth	4 a	1306	1353	1402	1553	1602	1756	1800	1904	2004
Machynlleth	4 d	1306		1407		1608		1805	1906	20 11
Caersws	d	1333		1434		1635		1832	1932	2038
Y Drenewydd / Newtown	d	1340		144 1		1642		1839	1939	2045
Y Trallwng / Welshpool	d	1356		1455		1656		1855	1957	2 102
Amwythig / Shrewsbury	a	14 19		152 1		17 19		19 19	2025	2 125
Amwythig / Shrewsbury	d			1532		173 1		1932		2 133
Wellington	d			1546		1745		1946		2 147
Telford Canolog / Telford Central	d			1553		1752		1953		2 153
Wolverhampton	7 d			16 12		18 11		20 12		22 12
Smethwick Galton Bridge	7 a			1623		182 1		2023		2222
Birmingham New Street	12 a			1634		1833		2033		2233
Birmingham Rhyngwladol / Birmingham International	a			1650		1849		2049		2304
Llundain Euston / London Euston	15 a			1833		2055		2256		

	TfW	TfW	TfW ◇	TfW	TfW					
Pwllheli	d		2026							
Abererch	d		2030x							
Penychain	d		2033x							
Criccieth	d		2040							
Porthmadog	d		2056							
Minffordd am\for Portmeirion	d		2101							
Penrhyndeudraeth	d		2104							
Llandecwyn	d		2106x							
Talsarnau	d		2109x							
Tywyn	d		2112x							
Harlech	d		2120							
Llandanwg	d		2125x							
Pensarn	d		2127x							
Llanbedr	d		2130x							
Dyffryn Ardudwy	d		2133x							
Talybont	d		2136x							
Llanaber	d		2142x							
Y Bermo / Barmouth	d		2147							
Morfa Mawddach	d		2151x							
Fairbourne	d		2155							
Llwyngwrl	d		2202x							
Tonfanau	d		2209x							
Tywyn	d		2217							
Aberdyfi / Aberdovey	d		2223							
Penhelig	d		2225x							
Caerfyrddin / Carmarthen Traws	d	1805								
Aberystwyth Traws	a	2024								
Aberystwyth	d	2035	2132		2229	2338				
Bow Street	d	2043	2140		2237	2345				
Borth	d	2050	2147		2244	2352				
Cyff Dyfi / Dovey Junction	d	2101	2158	2238	2254	0002				
Machynlleth	a	2109	2206	2245	2301	0011				
Machynlleth	d									
Caersws	d									
Y Drenewydd / Newtown	d									
Y Trallwng / Welshpool	d									
Amwythig / Shrewsbury	a									
Amwythig / Shrewsbury	d									
Wellington	d									
Telford Canolog / Telford Central	d									
Wolverhampton	d									
Smethwick Galton Bridge	a									
Birmingham New Street	a									
Birmingham Rhyngwladol / Birmingham International	a									
Llundain Euston / London Euston	a									

	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Llundain Euston / London Euston 	d									
Birmingham Rhyngwladol / Birmingham International 	d							095 1		
Birmingham New Street 	d							1004		
Smethwick Galton Bridge 	d							10 11		
Wolverhampton 	d							1023		
Telford Canolog / Telford Central	d							104 1		
Wellington	d							1048		
Amwythig / Shrewsbury	a							1103		
Amwythig / Shrewsbury	d				0830		1027	1128		
Y Trallwng / Welshpool	d				0905		105 1	1150		
Y Drenewydd / Newtown	d				0930		1106	1205		
Caersws	d				0945		1113	12 12		
Machynlleth 	a				1025		1143	1243		
Machynlleth 	d	0750	0849	0947	1004	1025	1049	1143	1248	125 1
Cyff Dyfi / Dovey Junction	d	0756	0856	0955	10 10	1035	1058	1155	1256	1300
Borth	d	0806	0906	1005		1055	1108	1205	1306	1407
Bow Street	d	08 12	09 12	10 11		11 10	11 14	12 11	13 12	14 13
Aberystwyth	a	082 1	092 1	10 19		11 20	11 23	122 1	132 1	1423
Aberystwyth Traws 	d			1100					1340	
Caerfyrddin / Carmarthen Traws 	a			1308					1548	
Penhelig	d				10 19x					1309x
Aberdyfi / Aberdovey	d				1023					13 13
Tywyn	d				1030					1324
Tonfanau	d				1033x					1328x
Llwyngwrlil	d				1040x					1335x
Fairbourne	d				1049					1343
Morfa Mawddach	d				105 1x					1344x
Y Bermo / Barmouth	d				1058					1356
Llanaber	d				1103x					1400x
Talybont	d				1106x					1403x
Dyffryn Ardudwy	d				1109x					1406x
Llanbedr	d				1114x					14 1 1x
Pensarn	d				1115x					14 12x
Llandanwg	d				1118x					14 15x
Harlech	d				1125					143 1
Tygwyn	d				1130x					1436x
Talsarnau	d				113 1x					1437x
Llandecwyn	d				1134x					1440x
Penrhyndeudraeth	d				1138					1444
Minffordd am\for Portmeirion	d				1142					1448
Porthmadog	d				1154					1456
Criccieth	d				120 1					1503
Penychain	d				1207x					1509x
Abererch	d				12 1 1x					15 13x
Pwllheli	a				12 17					15 19

Mae'r llwybrau mewn print tywyll yn dangos gwasanaethau bysiau yn lle trenau. Gweler y posteri  Information/Gwybodaeth yn y gorsafoddi i weld lle bydd y bysiau'n aros

Shaded routes indicate replacement bus services. Please see  Information/Gwybodaeth posters at stations for bus pick up point

	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW		
	◇	◇	◇	Ⓡ	◇	◇	Ⓡ	◇	◇	◇		
Llundain Euston / London Euston	15	d	0950			1240			1440		1640	
Birmingham Rhyngwladol / Birmingham International		d	1206		1406			1606			1806	
Birmingham New Street	17	d	1223		1423			1624			1823	
Smethwick Galton Bridge	17	d	1231		1430			1631			1831	
Wolverhampton	17	d	1242		1444			1644			1843	
Telford Canolog / Telford Central		d	1259		1502			1702			1900	
Wellington		d	1306		1509			1709			1907	
Amwythig / Shrewsbury		a	1320		1523			1724			1921	
Amwythig / Shrewsbury		d	1330		1429	1528	1629	1727		1828	1927	
Y Trallwng / Welshpool		d	1352		1451	1551	1651	1749		1850	1949	
Y Drenewydd / Newtown		d	1407		1506	1606	1706	1804		1905	2004	
Caersws		d	1414		1514	1613	1713	1812		1912	2011	
Machynlleth	4	a	1445		1545	1642	1742	1843		1941	2042	
Machynlleth	4	d	1449	1453	1546	1647	1743	1650	1847	1855	1942	2047
Cyff Dyfi / Dovey Junction		d	1457	1459	1555	1656	1755	1656	1855	1901	1956	2055
Borth		d	1507		1605	1706	1805	1905		2006	2105	
Bow Street		d	1513		1611	1712	1811	1911		2012	2111	
Aberystwyth		a	1521		1620	1723	1821	1920		2021	2122	
Aberystwyth Traws		d			1640		1900					
Caerfyrddin / Carmarthen Traws		a			1848		2108					
Penhelig		d		1508x				1705x		1910x		
Aberdyfi / Aberdovey		d		1512				1709		1914		
Tywyn		d		1531				1729		1924		
Tonfanau		d		1534x				1732x		1928x		
Llwyngwrl		d		1541x				1739x		1935x		
Fairbourne		d		1549				1747		1943		
Morfa Mawddach		d		1551x				1749x		1944x		
Y Bermo / Barmouth		d		1559				1759		1953		
Llanaber		d		1604x				1803x		1957x		
Talybont		d		1607x				1806x		2000x		
Dyffryn Ardudwy		d		1610x				1809x		2003x		
Llanbedr		d		1615x				1814x		2008x		
Pensarn		d		1616x				1815x		2010x		
Llandanwg		d		1619x				1818x		2013x		
Harlech		d		1624				1830		2022		
Tywyn		d		1629x				1835x		2026x		
Talsarnau		d		1630x				1836x		2028x		
Llandecwyn		d		1633x				1839x		2031x		
Penrhyndeudraeth		d		1637				1843		2035		
Minffordd am\for Portmeirion		d		1641				1847		2038		
Porthmadog		d		1647				1855		2044		
Criccieth		d		1654				1902		2052		
Penychain		d		1700x				1908x		2058x		
Abererch		d		1704x				1912x		2102x		
Pwllheli		a		1710				1918		2107		

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyio ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

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	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
	◇	R	◇	◇	◇	R	◇	◇	R	◇
Pwllheli	d				0934			1128		1340
Abererch	d				0938x			1132x		1344x
Penychain	d				094 1x			1135x		1347x
Criccieth	d				0948			1142		1354
Porthmadog	d				0958			1157		1406
Minffordd am\for Portmeirion	d				1002			120 1		14 10
Penrhyndeudraeth	d				1006			1205		14 14
Llandecwyn	d				1008x			1207x		14 16x
Talsarnau	d				10 10x			1209x		14 18x
Tywyn	d				10 14x			12 13x		1422x
Harlech	d				1028			122 1		1434
Llandanwg	d				1034x			1226x		1439x
Pensarn	d				1035x			1228x		144 1x
Llanbedr	d				1039x			123 1x		1444x
Dyffryn Ardudwy	d				1042x			1234x		1447x
Talybont	d				1045x			1237x		1450x
Llanaber	d				1050x			1243x		1456x
Y Bermo / Barmouth	d				110 1			1250		150 1
Morfa Mawddach	d				1105x			1254x		1505x
Fairbourne	d				1109			1258		1509
Llwyngwrl	d				1116x			1305x		15 15x
Tonfanau	d				1123x			13 12x		1522x
Tywyn	d				1130			1320		1528
Aberdyfi / Aberdovey	d				1136			1326		1536
Penhelig	d				1139x			1329x		1538x
Caerfyrddin / Carmarthen Traws	d			08 10					11 10	
Aberystwyth Traws	a			10 18					13 18	
Aberystwyth	d	0829	0929	1029		1129	1229		1329	1429
Bow Street	d	0837	0937	1037		1137	1237		1337	1437
Borth	d	0844	0944	1044		1144	1244		1344	1444
Cyff Dyfi / Dovey Junction	d	0858	0954	1056	115 1	1154	1257	134 1	1357	1459
Machynlleth	4 a	0906	1002	1103	1158	1202	1305	1349	1404	1507
Machynlleth	4 d	0907	1008	1104		1206	1306		1407	1508
Caersws	d	0934	1035	1132		1233	1333		1434	1535
Y Drenewydd / Newtown	d	0941	1042	1139		1240	1340		144 1	1542
Y Trallwng / Welshpool	d	0956	1057	1154		1254	1354		1456	1556
Amwythig / Shrewsbury	a	102 1	112 1	1220		13 18	14 19		15 19	16 18
Amwythig / Shrewsbury	d		1136			1330			153 1	
Wellington	d		1149			1343			1545	
Telford Canolog / Telford Central	d		1155			1349			155 1	
Wolverhampton	7 d		12 14			1407			16 10	
Smethwick Galton Bridge	7 a		1224			1417			1620	
Birmingham New Street	12 a		1235			1427			1630	
Birmingham Rhyngwladol / Birmingham International	a		1255			145 1			165 1	
Llundain Euston / London Euston	15 a		1436			1636			1759	

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	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
	Ⓜ	◇	◇	◇	◇	◇	◇	◇	◇	◇	
Pwllheli	d			1533				1736			
Abererch	d			1537x				1740x			
Penychain	d			1540x				1743x			
Criccieth	d			1547				1750			
Porthmadog	d			1557				1800			
Minffordd am\for Portmeirion	d			160 1				1805			
Penrhyndeudraeth	d			1605				1809			
Llandecwyn	d			1607x				18 1 1x			
Talsarnau	d			1609x				18 13x			
Tywyn	d			16 13x				18 17x			
Harlech	d			1629				1827			
Llandanwg	d			1635x				1832x			
Pensarn	d			1636x				1833x			
Llanbedr	d			1640x				1837x			
Dyffryn Ardudwy	d			1643x				1840x			
Talybont	d			1646x				1843x			
Llanaber	d			165 1x				1849x			
Y Bermo / Barmouth	d			1656				1854			
Morfa Mawddach	d			1700x				1859x			
Fairbourne	d			1704				1903			
Llwyngwrl	d			17 10x				1909x			
Tonfanau	d			17 17x				19 17x			
Tywyn	d			1727				1924			
Aberdyfi / Aberdovey	d			1733				1930			
Penhelig	d			1735x				1933x			
Caerfyrddin / Carmarthen Traws	d		14 10					1640			
Aberystwyth Traws	a		16 18					1848			
Aberystwyth	d	1527	1629		1727	1829		1929	2029	2 129	23 19
Bow Street	d	1535	1637		1735	1837		1937	2037	2 137	2327
Borth	d	1543	1644		1743	1844		1944	2044	2 144	2334
Cyff Dyfi / Dovey Junction	d	1554	1656	1749	1753	1902	1948	1954	2055	2 155	2344
Machynlleth	4 a	160 1	1703	1757	180 1	19 10	1955	2002	2 104	2204	2353
Machynlleth	4 d	1605	1703		1805			2006			
Caersws	d	1634	1734		1832			2033			
Y Drenewydd / Newtown	d	164 1	174 1		1839			2040			
Y Trallwng / Welshpool	d	1655	1755		1854			2054			
Amwythig / Shrewsbury	a	17 19	18 19		19 18			2 118			
Amwythig / Shrewsbury	d	1732			1930			2 133			
Wellington	d	1745			1944			2 147			
Telford Canolog / Telford Central	d	175 1			1950			2 153			
Wolverhampton	7 d	1809			2008			22 11			
Smethwick Galton Bridge	7 a	18 19			20 18			222 1			
Birmingham New Street	12 a	1829			2029			2232			
Birmingham Rhyngwladol / Birmingham International	a	1847			2049			2254			
Llundain Euston / London Euston	15 e a	2035			2323			0 103			

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Nodiadau safonol

Standard notes

Mae'r amseroedd **mewn coch** yn dynodi gwasanaethau sy'n cysylltu

Times in **red type** indicate connecting services.

Amser cyrraedd	a	Arrival time
Amser ymadael	d	Departure time
Yn aros i ollwng teithwyr yn unig	s	Stops to set down only
Yn aros i godi teithwyr yn unig	u	Stops to pick up only
Yn aros ar gais. Rhaid i bobl sydd eisiau mynd i lawr hysbysu'r tocynnwr. Rhaid i bobl sydd eisiau mynd ar y trên roi'r arwydd llaw priodol i'r gyrrwr	x	Service stops on request. Passengers wishing to alight must inform the conductor. Passengers wishing to board must give the appropriate hand signal to the driver
Amser cysylltu a argymhellir	10	Recommended connecting time
Yn parhau mewn colofn ddiweddarach	→	Continued in later column
Parhad o golofn gynharach	←	Continued from earlier column
Hefyd â seddi Dosbarth Cyntaf	1	Also conveys First Class accommodation
Mae gwasanaeth troli o byrbrydau oer, brechdanau a diodydd poeth ac oer ar gael ar ran o'r daith neu'r daith i gyd	☺	An at seat service of cold snacks, sandwiches and hot and cold drinks is available for all or part of the journey
Darperir bwyty (i ddeiliaid tocynnau Dosbarth Cyntaf neu docynnau Dosbarth Busnes Tfw) a gwasanaeth bwffe o fyrbrydau poeth, brechdanau, diodydd oer a phoeth	🍴	A restaurant (for 1st Class ticket holders, or Tfw Business Class ticket holders) and a buffet service of hot snacks, sandwiches, hot and cold drinks are provided
Mae gwasanaeth bwffe sy'n cynnwys byrbrydau poeth, brechdanau a diodydd poeth ac oer ar gael	🍽	A buffet service of hot snacks, sandwiches and hot and cold drinks is provided
Great Western Railway	GW	Great Western Railway
West Midlands Trains	LM	West Midlands Trains
Trafnidiaeth Cymru	TfW	Transport for Wales
Avanti West Coast	VT	Avanti West Coast
Northern	NT	Northern
Cross Country	XC	Cross Country

Roedd yr wybodaeth hon yn gywir adeg cyhoeddi.
This information was correct at the time of publication.

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- gofyn am yr amserlen mewn fformat gwahanol, gan gynnwys print bras
- rhoi gwybod am nam neu ddifrod i'n trenau a'n gorsafoedd
- gwneud sylw am ein gwasanaethau trên
- gofyn am wybodaeth arall i gwsmeriaid gan gynnwys y siarter teithwyr
- hawlio unrhyw iawndal am oedi o 15 munud neu ragor.

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Gallwch archebu cymorth arbennig ymlaen llaw - hyd at 2 awr cyn i'ch taith ddechrau, 24/7. I archebu, neu i gael rhagor o wybodaeth am Gymorth i Deithwyr
ffoniwch ein tîm Cymorth wrth Deithio: **033 300 50 501 RelayUK: 18001 033 300 50 501** neu ewch i **trc.cymru/teithio-hygyrch**.
Gallwch hefyd "gyrraedd a mynd" heb archebu cymorth arbennig ymlaen llaw. Byddwn yn eich helpu i gyrraedd lle'r ydych chi eisiau mynd.
You can request an assistance booking in advance - up to 2 hours before your journey is due to start, 24/7. To make a booking or for more information about Passenger Assist call our Assisted Travel team: **033 300 50 501 RelayUK: 18001 033 300 50 501** or visit tfw.wales/accessible-travel.
You can also simply "turn up and go" without booking assistance in advance. We'll provide assistance to get you to your destination.



Mae toiledau hygyrch ar bob gwasanaeth, ond dim ym mhob cerbyd.
Holwch staff y trên neu edrych ar yr arwyddion ar y drysau i wneud yn siŵr eich bod yn defnyddio'r rhan iawn o'r trên.
Accessible toilets are available on all our services, but not every carriage.
Please check with railway staff or door signs to ensure you access the right part of the train.