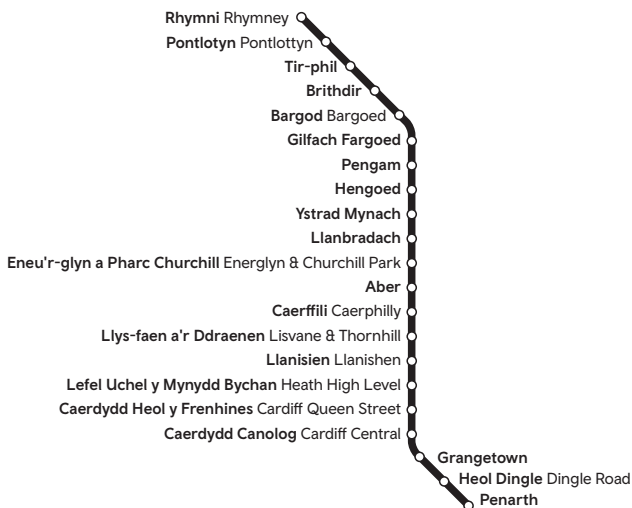


Amserau Trenau | Train Times

15 Mai 2022 - 31 Gorffennaf 2022 | 15 May 2022 - 31 July 2022

Cwm Rhymni - Caerffili - Caerdydd Canolog - Penarth

Rhymney Valley - Caerphilly -
Cardiff Central - Penarth



Mae gwasanaethau'n gallu newid felly gwnewch eich gwaith cartref cyn teithio, ewch i trc.cymru

Services are subject to change, check before you travel, visit tfw.wales



Teithio'n saffach

Ystyriwch bobl eraill - rydym yn argymhell eich bod yn gwisgo gorchudd wyneb

Travel safer

Consider others - we recommend you wear a face covering



Dod o hyd i drenau llai prysur: defnyddiwch ein Gwiriwr Capasiti a Theithio'n Saffach, lawrlwythwch ap TrC neu ewch i trc.cymru/gwiriwr-capasiti

Find trains with space: use our Capacity Checker and Travel Safer, download the TFW app or visit tfw.wales/capacity-checker

TTB05a_DLB_V1_04/22



TRAFNIDIAETH CYMRU
TRANSPORT FOR WALES

Paid â chael dy ddal!

Don't get caught red-handed!



Mae Arolygwyr Diogelu Refeniw yn patrolio ein rhwydwaith yn rheolaidd yn gwirio ticedi.

Mae'n rhaid i chi brynu tocyn dilys ar gyfer eich taith cyn mynd ar y trê - dyna'r gyfraith.*

Os nad ydych yn gwneud hynny, gallech chi gael eich erlyn a chael hyd at **£1000** o ddirwy.

Revenue Protection Inspectors are regularly patrolling our network checking tickets.






You must buy a valid ticket for your journey before getting on the train - it's the law.*






If you don't, you risk prosecution and fines of up to **£1000**.

* Amodau Teithio National Rail ac Is-ddeddfau Rheilffyrdd 2005

*National Rail Conditions of Travel and Railway Byelaws 2005



Cwm Rhymini - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhyrny Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW SX	TfW	TfW H	TfW MSO	TfW MX	TfW	TfW	TfW	TfW	
Rhymni / Rhyrny	d						06 12	06 32		07 00	
Pontlotyn / Pontlottyn	d						06 15	06 35		07 03	
Tir-phil	d						06 19	06 40		07 08	
Brithdir	d						06 22	06 42		07 10	
Bargoed	d						06 27	06 46		07 15	
Gilfach Fargoed	d						06 29			07 18	
Pengam	d						06 32	06 5 1		07 20	
Hengoed	d						06 36	06 54		07 24	
Ystrad Mynach 	a						06 39	06 57		07 26	
Ystrad Mynach 	d						06 39	06 57		07 27	
Llanbradach	d						06 44	07 0 1		07 31	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d						06 48	07 05		07 35	
Aber	d						06 50	07 07		07 38	
Caerffili / Caerphilly	d				06 11		06 54	07 10		07 40	
Llysfaen / Lisvane & Thornhill	d				06 15		06 58	07 14		07 45	
Llanishen	d				06 17		07 00	07 16		07 47	
Lefel Uchel / Heath High Level	d				06 20		07 03	07 19		07 50	
Heol y Frenhines / Cardiff Queen St 	a				06 26	06 50d	07 09	07 25		07 56	
Caerdydd Canolog / Cardiff Central 	a				06 31	06 56	07 14	07 31		08 0 1	
Caerdydd Canolog / Cardiff Central 	d	05 46	06 16	06 35	06 40	07 0 1	07 0 1	07 16	07 32	07 46	08 0 1
Grangetown	d	05 50	06 20	06 39	06 44	07 05	07 05	07 20	07 36	07 50	08 06
Rhws a Maes Awyr / Rhoose & Airport	a				07 11	08 12				09 11	
Heol Dingle / Dingle Road	d	05 54	06 24	06 43		07 11	07 11	07 25	07 42	07 56	08 11
Penarth	a	05 59	06 29	06 48		07 16	07 16	07 30	07 46	08 0 1	08 15

Cwm Rhymini - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhyrny Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymni / Rhyrny	d	07 24	07 43				08 33				09 27
Pontlotyn / Pontlottyn	d	07 27	07 46				08 36				09 30
Tir-phil	d	07 31	07 5 1				08 40				09 35
Brithdir	d	07 34	07 53				08 43				09 37
Bargoed	d	07 43	07 58	08 14	08 32	08 47	09 00			09 25	09 44
Gilfach Fargoed	d	07 46		08 17							
Pengam	d	07 49	08 03	08 19	08 37	08 52	09 04			09 30	09 49
Hengoed	d	07 53	08 06	08 23	08 40	08 55	09 08			09 34	09 53
Ystrad Mynach 	a	07 56	08 09	08 26	08 43	08 58	09 11			09 38	09 56
Ystrad Mynach 	d	07 56	08 10	08 26	08 43	08 58	09 11	09 28	09 39	09 56	
Llanbradach	d	08 0 1	08 14	08 30	08 48	09 03	09 15	09 33	09 44	10 00	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	08 05	08 18	08 34			09 19				10 04
Aber	d	08 08	08 2 1	08 36	08 52	09 07	09 2 1	09 37	09 49	10 06	
Caerffili / Caerphilly	d	08 10	08 24	08 40	08 55	09 10	09 25	09 40	09 54	10 10	
Llysfaen / Lisvane & Thornhill	d	08 15	08 29	08 44	08 59	09 14	09 29	09 44	09 59	10 14	
Llanishen	d	08 18	08 3 1	08 46	09 0 1	09 16	09 3 1	09 46	10 0 1	10 16	
Lefel Uchel / Heath High Level	d	08 2 1	08 34	08 49	09 04	09 19	09 34	09 49	10 04	10 19	
Heol y Frenhines / Cardiff Queen St 	a	08 27	08 40	08 55	09 10	09 25	09 40	09 55	10 10	10 25	
Caerdydd Canolog / Cardiff Central 	a	08 3 1	08 46	09 0 1	09 15	09 3 1	09 45	10 0 1	10 15	10 3 1	
Caerdydd Canolog / Cardiff Central 	d	08 18	08 32		09 02	09 16	09 32	09 48	10 02	10 16	10 32
Grangetown	d	08 22	08 36		09 06	09 22	09 37	09 52	10 07	10 22	10 37
Rhws a Maes Awyr / Rhoose & Airport	a			10 11			11 11				
Heol Dingle / Dingle Road	d	08 27	08 4 1		09 11	09 26	09 4 1	09 56	10 1 1	10 26	10 4 1
Penarth	a	08 30	08 46		09 16	09 3 1	09 46	10 0 1	10 16	10 3 1	10 46






Nodiadau






- SX Dydd Llun i ddydd Gwener
- H I Pen-y-bont ar Ogwr
- MSO Dydd Llun a dydd Sadwrn yn unig
- MX Dydd Mawrth i ddydd Gwener

Notes

- SX Monday to Friday
- H To Bridgend
- MSO Monday and Saturday only
- MX Tuesday to Friday

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Cwm Rhymini - Caerffili - Caerdydd - Penarth				Dydd Llun i ddydd Sadwrn							
Rhyrny Valley - Caerphilly - Cardiff - Penarth				Mondays to Saturdays							
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymini / Rhyrny	d			1027				1127			
Pontlotyn / Pontlottyn	d			1030				1130			
Tir-phil	d			1035				1135			
Brithdir	d			1037				1137			
Bargoed	d	1000		1025	1044			1125	1144	1200	
Gilfach Fargoed	d										
Pengam	d	1004		1030	1049			1130	1149	1204	
Hengoed	d	1008		1034	1053			1134	1153	1208	
Ystrad Mynach	 a	10 11		1038	1056			1138	1156	12 11	
Ystrad Mynach	 d	10 11	1028	1039	1056		1128	1139	1156	12 11	1228
Llanbradach	d	10 15	1033	1044	1100		1133	1144	1200	12 15	1233
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	10 19			1104				1204	12 19	
Aber	d	1021	1037	1049	1106		1137	1149	1206	1221	1237
Caerffili / Caerphilly	d	1025	1040	1054	1110		1140	1154	1210	1225	1240
Llysfaen / Lisvane & Thornhill	d	1029	1044	1059	1114		1144	1158	1214	1229	1244
Llanishen	d	1031	1046	1101	1116		1146	1200	1216	1231	1246
Lefel Uchel / Heath High Level	d	1034	1049	1104	1119		1149	1203	1219	1234	1249
Heol y Frenhines / Cardiff Queen St	 a	1040	1055	1110	1125		1155	1210	1225	1240	1255
Caerdydd Canolog / Cardiff Central	 a	1045	1101	1115	1131		1201	1215	1231	1245	1301
Caerdydd Canolog / Cardiff Central	 d	1046	1102	1116	1132	1146	1202	1216	1232	1246	1302
Grangetown	d	1050	1106	1122	1137	1150	1207	1222	1237	1252	1307
Rhws a Maes Awyr / Rhoose & Airport	a	12 11				13 11				14 11	
Heol Dingle / Dingle Road	d	1056	1111	1126	1141	1156	1211	1226	1241	1256	1311
Penarth	a	1101	1116	1131	1146	1201	1216	1231	1246	1301	1316

Cwm Rhymini - Caerffili - Caerdydd - Penarth				Dydd Llun i ddydd Sadwrn							
Rhyrny Valley - Caerphilly - Cardiff - Penarth				Mondays to Saturdays							
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymini / Rhyrny	d		1227				1327			1427	
Pontlotyn / Pontlottyn	d		1230				1330			1430	
Tir-phil	d		1235				1335			1435	
Brithdir	d		1237				1337			1437	
Bargoed	d	1225	1244	1300			1325	1344	1400	1425	1444
Gilfach Fargoed	d										
Pengam	d	1230	1249	1304			1330	1348	1404	1430	1449
Hengoed	d	1234	1253	1308			1334	1352	1408	1434	1453
Ystrad Mynach	 a	1238	1256	1311			1338	1355	1411	1438	1456
Ystrad Mynach	 d	1239	1256	1311	1328	1339	1355	1411	1428	1439	1456
Llanbradach	d	1244	1300	1315	1333	1344	1400	1415	1433	1444	1500
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d		1304	1319			1404	1419			1504
Aber	d	1249	1306	1321	1337	1349	1406	1421	1437	1449	1506
Caerffili / Caerphilly	d	1254	1310	1325	1340	1354	1410	1425	1440	1454	1510
Llysfaen / Lisvane & Thornhill	d	1259	1314	1329	1344	1359	1414	1429	1444	1459	1514
Llanishen	d	1301	1316	1331	1346	1401	1416	1431	1446	1501	1516
Lefel Uchel / Heath High Level	d	1304	1319	1334	1349	1404	1419	1434	1449	1504	1519
Heol y Frenhines / Cardiff Queen St	 a	1310	1325	1343	1355	1410	1425	1440	1455	1510	1525
Caerdydd Canolog / Cardiff Central	 a	1315	1331	1348	1401	1415	1432	1445	1501	1515	1531
Caerdydd Canolog / Cardiff Central	 d	1316	1332	1349	1402	1416	1432	1446	1502	1516	1532
Grangetown	d	1322	1336	1353	1406	1420	1436	1450	1506	1520	1536
Rhws a Maes Awyr / Rhoose & Airport	a			15 11				16 11			
Heol Dingle / Dingle Road	d	1326	1341	1357	1411	1426	1441	1456	1511	1526	1541
Penarth	a	1331	1346	1401	1416	1431	1446	1501	1516	1531	1546

Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfw.wales or call 03457 48 49 50.

Cwm Rhymini - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhyminy Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymini / Rhyminy	d			1527				1627		1727	
Pontlotyn / Pontlottyn	d			1530				1630		1730	
Tir-phil	d			1535				1635		1735	
Brithdir	d			1537				1637		1737	
Bargoed	d	1500		1532	1544	1600	1617	1632	1644	1717	
Gilfach Fargoed	d						1619			1719	
Pengam	d	1504		1537	1548	1604	1622	1637	1649	1722	
Hengoed	d	1508		1540	1552	1608	1625	1640	1653	1725	
Ystrad Mynach	a	1511		1543	1555	1611	1628	1643	1656	1728	
Ystrad Mynach	d	1511	1528	1543	1555	1611	1628	1643	1656	1728	
Llanbradach	d	1515	1533	1548	1600	1615	1633	1648	1700	1733	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1519			1604	1619			1704	1804	
Aber	d	1521	1537	1552	1606	1621	1637	1652	1706	1737	
Caerffili / Caerphilly	d	1525	1540	1555	1610	1625	1640	1655	1710	1740	
Llysfaen / Lisvane & Thornhill	d	1529	1544	1559	1614	1629	1644	1659	1714	1744	
Llanishen	d	1531	1546	1601	1616	1631	1646	1701	1716	1746	
Lefel Uchel / Heath High Level	d	1534	1549	1604	1619	1634	1649	1704	1719	1749	
Heol y Frenhines / Cardiff Queen St	a	1540	1555	1610	1625	1640	1655	1710	1725	1755	
Caerdydd Canolog / Cardiff Central	a	1545	1601	1615	1631	1645	1701	1715	1731	1801	
Caerdydd Canolog / Cardiff Central	d	1546	1602	1616	1632	1646	1702	1716	1732	1802	
Grangetown	d	1550	1606	1620	1636	1650	1706	1720	1736	1806	
Rhws a Maes Awyr / Rhoose & Airport	a	1711				1811				1911	
Heol Dingle / Dingle Road	d	1556	1611	1626	1641	1656	1711	1726	1741	1811	
Penarth	a	1601	1616	1631	1646	1701	1714	1731	1746	1816	

Cwm Rhymini - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhyminy Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymini / Rhyminy	d										
Pontlotyn / Pontlottyn	d										
Tir-phil	d										
Brithdir	d										
Bargoed	d				1849						
Gilfach Fargoed	d				1851						
Pengam	d				1854						
Hengoed	d				1857						
Ystrad Mynach	a				1900						
Ystrad Mynach	d		1853		1900						
Llanbradach	d				1905						
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d										
Aber	d				1909						
Caerffili / Caerphilly	d				1912			1940		2026	
Llysfaen / Lisvane & Thornhill	d				1916			1944		2030	
Llanishen	d				1918			1946		2032	
Lefel Uchel / Heath High Level	d				1921			1949		2035	
Heol y Frenhines / Cardiff Queen St	a	1851d		1916d	1927		1951d	1955	2015d	2025d	
Caerdydd Canolog / Cardiff Central	a	1856	1916	1920	1931		1956	2000	2020	2030	
Caerdydd Canolog / Cardiff Central	d	1901		1921		1931	2003		2031	2030	
Grangetown	d	1905		1925		1935	2007		2037	2036	
Rhws a Maes Awyr / Rhoose & Airport	a	2012					2113	2113		2211	
Heol Dingle / Dingle Road	d	1911		1929		1941	2011		2041	2040	
Penarth	a	1916		1934		1946	2016		2046	2045	

Nodiadau

FSO Dydd Gwener a dydd Sadwrn yn unig

FX Dydd Llun i ddydd Iau

Notes

FSO Friday and Saturday only

FX Monday to Thursday

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Cwm Rhymni - Caerffili - Caerdydd - Penarth		Dydd Llun i ddydd Sadwrn									
Rhyrney Valley - Caerphilly - Cardiff - Penarth		Mondays to Saturdays									
		TfW	TfW	TfW FX	TfW FSO	TfW	TfW FSO	TfW FX	TfW Y	TfW	TfW
Rhymni / Rhyrney	d	2000				2046				2 136	
Pontlotyn / Pontlottyn	d	2003				2049				2 139	
Tir-phil	d	2008				2054				2 144	
Brithdir	d	20 10				2056				2 146	
Bargoed	d	20 15				2 10 1				2 150	
Gilfach Fargoed	d	20 18				2 104				2 153	
Pengam	d	202 1				2 107				2 155	
Hengoed	d	2024				2 110				2 159	
Ystrad Mynach	a	2027				2 113				2202	
Ystrad Mynach	d	2027				2 113			2 139	2202	
Llanbradach	d	2032				2 118			2 143	2206	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	2036				2 122				22 10	
Aber	d	2038				2 124			2 148	22 12	
Caerffili / Caerphilly	d	2042				2 128			2 15 1	22 15	2229
Llysfaen / Llysfaen & Thornhill	d	2046				2 132			2 155	22 19	
Llanishen	d	2048				2 134			2 157	222 1	
Lefel Uchel / Heath High Level	d	205 1				2 137			2200	2224	
Heol y Frenhines / Cardiff Queen St	a	2057			2 12 1d	2 143	2 15 1d		2206	2230	2240
Caerdydd Canolog / Cardiff Central	a	2 104			2 126	2 148	2 155		22 10	2235	2246
Caerdydd Canolog / Cardiff Central	d		2 106	2 13 1	2 132		2 156	2203	22 10	2236	
Grangetown	d		2 110	2 135	2 136		2200	2207	22 14a	2240	
Rhws a Maes Awyr / Rhoose & Airport	a					23 13					
Heol Dingle / Dingle Road	d		2 114	2 14 1	2 14 1		2204	22 11		2244	
Penarth	a		2 119	2 146	2 144		2209	22 16		2249	

Cwm Rhymni - Caerffili - Caerdydd - Penarth		Dydd Llun i ddydd Sadwrn									
Rhyrney Valley - Caerphilly - Cardiff - Penarth		Mondays to Saturdays									
		TfW FX	TfW FSO								
Rhymni / Rhyrney	d										
Pontlotyn / Pontlottyn	d										
Tir-phil	d										
Brithdir	d										
Bargoed	d										
Gilfach Fargoed	d										
Pengam	d										
Hengoed	d										
Ystrad Mynach	a										
Ystrad Mynach	d										
Llanbradach	d										
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d										
Aber	d										
Caerffili / Caerphilly	d										
Llysfaen / Llysfaen & Thornhill	d										
Llanishen	d										
Lefel Uchel / Heath High Level	d										
Heol y Frenhines / Cardiff Queen St	a		2257d								
Caerdydd Canolog / Cardiff Central	a		2304								
Caerdydd Canolog / Cardiff Central	d	23 11	23 11								
Grangetown	d	23 15	23 15								
Rhws a Maes Awyr / Rhoose & Airport	a										
Heol Dingle / Dingle Road	d	23 19	23 19								
Penarth	a	2324	2324								

Nodiadau

FX Dydd Llun i ddydd Iau
 FSO Dydd Gwener a dydd Sadwrn yn unig
 Y I Ynys y Barri




Notes

FX Monday to Thursday
 FSO Friday and Saturday only
 Y To Barry Island

Cwm Rhymni - Caerffili - Caerdydd - Penarth										Dydd Sul
Rhyrney Valley - Caerphilly - Cardiff - Penarth										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Rhymni / Rhyrney	d	0900		10 13		11 12		12 13		13 12
Pontlotyn / Pontlottyn	d	0903		10 16		11 15		12 16		13 15
Tir-phil	d	0908		10 21		11 19		12 21		13 19
Brithdir	d	09 10		10 23		11 22		12 23		13 22
Bargoed	d	09 15		10 28		11 26		12 28		13 26
Gilfach Fargoed	d	09 17		10 30		11 29		12 30		13 29
Pengam	d	09 20		10 33		11 31		12 33		13 31
Hengoed	d	09 23		10 36		11 35		12 36		13 35
Ystrad Mynach	a	09 27		10 40		11 38		12 40		13 38
Ystrad Mynach	d	09 27		10 40		11 38		12 40		13 38
Llanbradach	d	09 31		10 44		11 43		12 44		13 43
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	09 35		10 48		11 46		12 48		13 46
Aber	d	09 37		10 50		11 49		12 50		13 49
Caerffili / Caerphilly	d	09 40	10 10	10 53	11 10	11 52	12 10	12 53	13 10	13 52
Llysfaen / Lisvane & Thornhill	d	09 44	10 14	10 58	11 14	11 56	12 14	12 58	13 14	13 56
Llanishen	d	09 46	10 16	11 00	11 16	11 58	12 16	13 00	13 16	13 58
Lefel Uchel / Heath High Level	d	09 49	10 19	11 03	11 19	12 01	12 19	13 03	13 19	14 01
Heol y Frenhines / Cardiff Queen St	a	09 55	10 26	11 09	11 26	12 07	12 26	13 09	13 26	14 07
Caerdydd Canolog / Cardiff Central	a	09 59	10 34	11 14	11 34	12 11	12 34	13 14	13 34	14 11
Caerdydd Canolog / Cardiff Central	d	09 16		11 16				13 16		
Grangetown	d	09 20		11 20				13 20		
Rhws a Maes Awyr / Rhoose & Airport	a		11 12			13 12				15 12
Heol Dingle / Dingle Road	d	09 26		11 24				13 24		
Penarth	a	09 31		11 29				13 29		

Cwm Rhymni - Caerffili - Caerdydd - Penarth										Dydd Sul
Rhyrney Valley - Caerphilly - Cardiff - Penarth										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Rhymni / Rhyrney	d	14 13		15 13		16 13		17 12		18 13
Pontlotyn / Pontlottyn	d	14 16		15 16		16 16		17 15		18 16
Tir-phil	d	14 21		15 21		16 21		17 19		18 21
Brithdir	d	14 23		15 23		16 23		17 22		18 23
Bargoed	d	14 28		15 28		16 28		17 26		18 28
Gilfach Fargoed	d	14 30		15 30		16 30		17 29		18 30
Pengam	d	14 33		15 33		16 33		17 31		18 33
Hengoed	d	14 36		15 36		16 36		17 35		18 36
Ystrad Mynach	a	14 40		15 40		16 40		17 38		18 40
Ystrad Mynach	d	14 40		15 40		16 40		17 38		18 40
Llanbradach	d	14 44		15 44		16 44		17 43		18 44
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	14 48		15 48		16 48		17 46		18 48
Aber	d	14 50		15 50		16 50		17 49		18 50
Caerffili / Caerphilly	d	14 10	14 53	15 10	15 53	16 10	16 53	17 10	17 52	18 10
Llysfaen / Lisvane & Thornhill	d	14 14	14 58	15 14	15 58	16 14	16 58	17 14	17 56	18 14
Llanishen	d	14 16	15 00	15 16	16 00	16 16	17 00	17 16	17 58	18 16
Lefel Uchel / Heath High Level	d	14 19	15 03	15 19	16 03	16 19	17 03	17 19	18 01	18 19
Heol y Frenhines / Cardiff Queen St	a	14 26	15 09	15 26	16 09	16 26	17 09	17 26	18 07	18 26
Caerdydd Canolog / Cardiff Central	a	14 34	15 14	15 34	16 14	16 34	17 14	17 34	18 11	18 34
Caerdydd Canolog / Cardiff Central	d		15 16		16 16		17 16			19 16
Grangetown	d		15 20		16 20		17 20			19 20
Rhws a Maes Awyr / Rhoose & Airport	a				17 12		18 12		19 12	
Heol Dingle / Dingle Road	d		15 24		16 24		17 24			19 24
Penarth	a		15 29		16 29		17 29			19 30

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

	TfW	TfW	TfW	TfW	TfW					
Rhymni / Rhymney	d	1927		2012						
Pontlotyn / Pontlottyn	d	1930		2015						
Tir-phil	d	1935		2020						
Brithdir	d	1937		2022						
Bargoed	d	1942		2027						
Gilfach Fargoed	d	1945		2029						
Pengam	d	1947		2032						
Hengoed	d	1951		2035						
Ystrad Mynach 	a	1954		2039						
Ystrad Mynach 	d	1954		2039						
Llanbradach	d	1959		2043						
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	2002		2047						
Aber	d	2005		2049						
Caerffili / Caerphilly	d	1910	2008	2033	2052	2110				
Llysfaen / Lisvane & Thornhill	d	1914	2013	2037	2056	2114				
Llanishen	d	1916	2015	2039	2058	2116				
Lefel Uchel / Heath High Level	d	1919	2018	2042	2101	2119				
Heol y Frenhines / Cardiff Queen St 	a	1926	2025	2049	2107	2125				
Caerdydd Canolog / Cardiff Central 	a	1934	2030	2053	2111	2130				
Caerdydd Canolog / Cardiff Central 	d		2032	2054						
Grangetown	d		2036	2058a						
Rhws a Maes Awyr / Rhoose & Airport	a		2112							
Heol Dingle / Dingle Road	d		2041							
Penarth	a		2046							

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyro ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit www.tfw.wales or call 03457 484 950.

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays							
	TfW	TfW D	TfW SX	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Penarth	d		0601	0632	0702	0718	0734	0747	0803	0818	0833
Heol Dingle / Dingle Road	d		0603	0634	0704	0720	0736	0749	0805	0820	0835
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d				0606		0706				0806
Grangetown	d	0538	0607	0638	0708	0724	0740	0754	0809	0824	0839
Caerdydd Canolog / Cardiff Central	3 a	0544	0613	0646	0714	0730	0746	0801	0815	0830	0845
Caerdydd Canolog / Cardiff Central	3 d	0546	0621		0716	0731	0746	0801	0816	0831	0846
Heol y Frenhines / Cardiff Queen St	3 d	0550	0625a		0720	0735	0750	0805	0820	0835	0850
Lefel Uchel / Heath High Level	d	0555			0725	0740	0755	0810	0825	0840	0855
Llanishen	d	0558			0728	0743	0758	0813	0828	0843	0858
Llysfaen / Lisvane & Thornhill	d	0600			0731	0745	0800	0816	0830	0846	0901
Caerffili / Caerphilly	d	0608a			0737	0751	0806	0822	0837	0853	0907
Aber	d				0739	0753	0808	0824	0839	0855	0909
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d				0742			0827	0841		
Llanbradach	d				0746	0757	0812	0831	0845	0900	0914
Ystrad Mynach	3 a				0752	0802	0817	0837	0850	0906	0921
Ystrad Mynach	3 d				0752	0802	0817	0837	0850	0906	
Hengoed	d				0755	0805	0820	0840	0853	0909	
Pengam	d				0758	0808	0823	0844	0856	0913	
Gilfach Fargoed	d							0847			
Bargoed	a				0806	0814	0831	0852	0902	0920	
Brithdir	d					0818			0905		
Tir-phil	d					0821			0908		
Pontlotyn / Pontlottyn	d					0825			0913		
Rhymni / Rhymney	a					0831			0918		

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays							
	TfW	TfW	TfW	TfW	TfW K	TfW	TfW	TfW	TfW	TfW	
Penarth	d	0848		0918	0933	0947	1003	1018	1033	1048	1103
Heol Dingle / Dingle Road	d	0850		0920	0935	0949	1005	1020	1035	1050	1105
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d				0906				1006	1006	
Grangetown	d	0854	0834	0924	0939	0953	1009	1024	1039	1055	1109
Caerdydd Canolog / Cardiff Central	3 a	0901		0930	0945	0959	1015	1030	1045	1101	1115
Caerdydd Canolog / Cardiff Central	3 d	0901	0916	0931	0946	1005	1016	1031	1046	1101	1116
Heol y Frenhines / Cardiff Queen St	3 d	0906	0920	0935	0950	1009a	1020	1035	1050	1105	1120
Lefel Uchel / Heath High Level	d	0911	0925	0940	0955		1025	1040	1057	1110	1125
Llanishen	d	0914	0928	0943	0958		1028	1043	1100	1113	1128
Llysfaen / Lisvane & Thornhill	d	0916	0930	0946	1001		1030	1046	1103	1116	1130
Caerffili / Caerphilly	d	0922	0937	0953	1007		1037	1053	1109	1122	1137
Aber	d	0924	0939	0955	1009		1039	1055	1111	1124	1139
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	0927	0941				1041			1127	1141
Llanbradach	d	0931	0945	1000	1014		1045	1100	1116	1131	1145
Ystrad Mynach	3 a	0937	0950	1006	1021		1050	1106	1123	1137	1150
Ystrad Mynach	3 d	0937	0950	1006			1050	1106		1137	1150
Hengoed	d	0940	0953	1009			1053	1109		1140	1153
Pengam	d	0944	0956	1013			1056	1113		1144	1156
Gilfach Fargoed	d	0947								1147	
Bargoed	a	0952	1002	1020			1102	1120		1152	1202
Brithdir	d		1005				1105				1205
Tir-phil	d		1008				1108				1208
Pontlotyn / Pontlottyn	d		1013				1113				1213
Rhymni / Rhymney	a		1018				1118				1218

Nodiadau

D I Coryton
 SX Dydd Llun i ddydd Gwener
 K I Treherbert

Notes

D To Coryton
 SX Monday to Friday
 K To Treherbert

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
 For an explanation of standard notes and symbols, please see end of timetable

Penarth - Caerdydd - Caerffili - Cwm Rhymni						Dydd Llun i ddydd Sadwrn					
Penarth - Cardiff - Caerphilly - Rhymney Valley						Mondays to Saturdays					
	TfW	TfW	TfW K	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Penarth	d	1118	1133	1148	1203	1218	1233	1248	1303	1318	1333
Heol Dingle / Dingle Road	d	1120	1135	1150	1205	1220	1235	1250	1305	1320	1335
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d		1106				1206	1206			1306
Grangetown	d	1124	1139	1154	1209	1224	1239	1254	1309	1324	1339
Caerdydd Canolog / Cardiff Central	3 a	1130	1146	1201	1215	1230	1245	1300	1316	1330	1345
Caerdydd Canolog / Cardiff Central	3 d	1131	1146	1201	1216	1231	1246	1301	1316	1331	1346
Heol y Frenhines / Cardiff Queen St	3 d	1135	1150	1205	1220	1235	1250	1305	1320	1335	1350
Lefel Uchel / Heath High Level	d	1140	1155	1210	1225	1240	1255	1310	1325	1340	1355
Llanishen	d	1143	1158	1213	1228	1243	1258	1313	1328	1343	1358
Llysfaen / Lisvane & Thornhill	d	1146	1201	1216	1230	1246	1301	1316	1330	1346	1401
Caerffili / Caerphilly	d	1153	1207	1222	1237	1253	1307	1322	1337	1353	1407
Aber	d	1155	1209	1224	1239	1255	1309	1324	1339	1355	1409
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d			1227	1241			1327	1341		
Llanbradach	d	1200	1214	1231	1245	1300	1314	1331	1345	1400	1414
Ystrad Mynach	3 a	1206	1221	1237	1250	1306	1321	1337	1350	1406	1421
Ystrad Mynach	3 d	1206		1237	1250	1306		1337	1350	1406	
Hengoed	d	1209		1240	1253	1309		1340	1353	1409	
Pengam	d	1213		1244	1256	1313		1344	1356	1413	
Gilfach Fargoed	d			1247				1347			
Bargoed	a	1220		1252	1302	1320		1352	1402	1420	
Brithdir	d				1305				1405		
Tir-phil	d				1308				1408		
Pontlotyn / Pontlottyn	d				1313				1413		
Rhymni / Rhymney	a				1318				1418		

Penarth - Caerdydd - Caerffili - Cwm Rhymni						Dydd Llun i ddydd Sadwrn					
Penarth - Cardiff - Caerphilly - Rhymney Valley						Mondays to Saturdays					
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW K	TfW	
Penarth	d	1348	1403	1418	1433	1448	1503	1518	1533	1548	1603
Heol Dingle / Dingle Road	d	1350	1405	1420	1435	1450	1505	1520	1535	1550	1605
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d				1406				1506		
Grangetown	d	1354	1409	1424	1439	1455	1509	1524	1539	1554	1609
Caerdydd Canolog / Cardiff Central	3 a	1400	1415	1430	1445	1501	1515	1530	1545	1601	1615
Caerdydd Canolog / Cardiff Central	3 d	1401	1416	1431	1446	1501	1516	1531	1546	1605	1616
Heol y Frenhines / Cardiff Queen St	3 d	1405	1420	1435	1450	1505	1520	1535	1550	1609a	1620
Lefel Uchel / Heath High Level	d	1410	1425	1440	1455	1510	1525	1540	1555		1625
Llanishen	d	1413	1428	1443	1458	1513	1528	1543	1558		1628
Llysfaen / Lisvane & Thornhill	d	1416	1430	1446	1501	1516	1530	1545	1600		1630
Caerffili / Caerphilly	d	1422	1437	1453	1507	1522	1537	1551	1606		1637
Aber	d	1424	1439	1455	1509	1524	1539	1553	1608		1639
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1427	1441			1527	1541				1641
Llanbradach	d	1431	1445	1500	1514	1531	1545	1557	1612		1645
Ystrad Mynach	3 a	1437	1450	1506	1521	1537	1550	1602	1617		1650
Ystrad Mynach	3 d	1437	1450	1506		1537	1550	1602	1617		1650
Hengoed	d	1440	1453	1509		1540	1553	1605	1620		1653
Pengam	d	1444	1456	1513		1544	1556	1608	1623		1656
Gilfach Fargoed	d	1447				1547					
Bargoed	a	1452	1502	1520		1552	1602	1615	1630		1702
Brithdir	d		1505				1605				1705
Tir-phil	d		1508				1608				1708
Pontlotyn / Pontlottyn	d		1513				1613				1713
Rhymni / Rhymney	a		1518				1620				1718

Nodiadau

K I Treherbert

Notes

K To Treherbert

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays							
	TfW	TfW K	TfW	TfW K	TfW	TfW	TfW	TfW	TfW	TfW	
Penarth	d	16 18	1633	1648	1703	17 18	1733	1748		18 18	1848
Heol Dingle / Dingle Road	d	1620	1635	1650	1705	1720	1735	1750		1820	1850
Rhws a Maes Awyr / Rhose Cardiff & Airport	d		1606				1706				1806
Grangetown	d	1624	1639	1654	1709	1724	1739	1754	1734	1824	1854
Caerdydd Canolog / Cardiff Central	3 a	1630	1646	1700	17 16	1730	1745	1800		1830	1900
Caerdydd Canolog / Cardiff Central	3 d	1631	1705	170 1	1735	173 1	1746	180 1	18 16	1831	190 1
Heol y Frenhines / Cardiff Queen St	3 d	1635	1709a	1705	1739a	1735	1750	1805	1820	1835	1905
Lefel Uchel / Heath High Level	d	1640		17 10		1740	1755	18 10	1825	1840	19 10
Llanishen	d	1643		17 13		1743	1759	18 13	1828	1843	19 13
Llysfaen / Lisvane & Thornhill	d	1645		17 15		1745	1802	18 15	1830	1845	19 15
Caerffili / Caerphilly	d	165 1		1722		1752	1808	182 1	1836	1852	1923a
Aber	d	1653		1724		1754	18 11	1823	1838	1854	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d			1726		1756	18 14		184 1	1856	
Llanbradach	d	1657		1730		1800	18 18	1827	1844	1900	
Ystrad Mynach	3 a	1702		1736		1805	1823	1832	1852	1905	
Ystrad Mynach	3 d	1702		1736		1805	1823	1832		1905	
Hengoed	d	1705		1738		1808	1826	1835		1908	
Pengam	d	1708		1742		18 11	1830	1838		19 11	
Gilfach Fargoed	d			1745		18 14	1834	184 1		19 14	
Bargoed	a	17 15		1749		18 18	1838	1847		19 19	
Brithdir	d			1753		1822	184 1			1923	
Tir-phil	d			1756		1825	1844			1926	
Pontlotyn / Pontlottyn	d			1800		1829	1849			1930	
Rhymni / Rhymney	a			1806		1835	1855			1935	

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays							
	TfW	TfW	TfW FSO K	TfW FX U	TfW	TfW	TfW	TfW	TfW	TfW	
Penarth	d	19 18		1948	1948	20 18	2048		2 124	2 148	2220
Heol Dingle / Dingle Road	d	1920		1950	1950	2020	2050		2 126	2 150	2222
Rhws a Maes Awyr / Rhose Cardiff & Airport	d		1906	1906	1906		2006	2006		2 106	2 106
Grangetown	d	1924	1950	1954	1954	2024	2054	2034	2 130	2 154	2226
Caerdydd Canolog / Cardiff Central	3 a	1930	1956	2000	2000	203 1	2 100		2 141	2200	2233
Caerdydd Canolog / Cardiff Central	3 d	193 1	2002	2006	2006	203 1	2 10 1	2 132		220 1	
Heol y Frenhines / Cardiff Queen St	3 d	1936	2006	20 10a	20 10a	2036	2 105	2 136		2205	
Lefel Uchel / Heath High Level	d	1940	20 11			204 1	2 111	2 14 1		22 10	
Llanishen	d	1943	20 14			2044	2 114	2 144		22 13	
Llysfaen / Lisvane & Thornhill	d	1946	20 17			2046	2 116	2 146		22 15	
Caerffili / Caerphilly	d	1952	2025a			2052	2 122	2 153		2223a	
Aber	d	1954				2054	2 124	2 155			
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1957				2056	2 126	2 157			
Llanbradach	d	2000				2 100	2 130	220 1			
Ystrad Mynach	3 a	2005				2 105	2 138	2206			
Ystrad Mynach	3 d	2006				2 105		2206			
Hengoed	d	2008				2 108		2209			
Pengam	d	20 12				2 111		22 12			
Gilfach Fargoed	d	20 15				2 114		22 15			
Bargoed	a	20 19				2 118		2220			
Brithdir	d	2023				2 122		2224			
Tir-phil	d	2026				2 125		2227			
Pontlotyn / Pontlottyn	d	2030				2 129		223 1			
Rhymni / Rhymney	a	2035				2 135		2236			

Nodiadau

- K I Treherbert
- FSO Dydd Gwener a dydd Sadwrn yn unig
- FX Dydd Llun i ddydd lau
- U I Radur

Notes

- K To Treherbert
- FSO Friday and Saturday only
- FX Monday to Thursday
- U To Radur

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Penarth - Caerdydd - Caerffili - Cwm Rhymni			Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley			Mondays to Saturdays							
		TfW	TfW	TfW						
Penarth	d		2251	2326						
Heol Dingle / Dingle Road	d		2253	2328						
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d		2206	2206						
Grangetown	d	2134	2257	2332						
Caerdydd Canolog / Cardiff Central	a		2303	2341						
Caerdydd Canolog / Cardiff Central	d	2235	2316							
Heol y Frenhines / Cardiff Queen St	d	2239	2320							
Lefel Uchel / Heath High Level	d	2244	2325							
Llanishen	d	2247	2328							
Llysfan / Lisvane & Thornhill	d	2249	2330							
Caerffili / Caerphilly	d	2256	2336							
Aber	d	2258	2338							
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	2300	2340							
Llanbradach	d	2304	2344							
Ystrad Mynach	a	2309	2352							
Ystrad Mynach	d	2309								
Hengoed	d	2312								
Pengam	d	2315								
Gilfach Fargoed	d	2318								
Bargoed	a	2323								
Brithdir	d	2327								
Tir-phil	d	2330								
Pontlotyn / Pontlottyn	d	2334								
Rhymni / Rhymney	a	2339								

Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfw.wales or call 03457 48 49 50.

Penarth - Caerdydd - Caerffili - Cwm Rhymni										Dydd Sul
Penarth - Cardiff - Caerphilly - Rhymney Valley										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Penarth	d			0947				1147		
Heol Dingle / Dingle Road	d			0949				1149		
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d					1006				1206
Grangetown	d			0953			1034	1153		1234
Caerdydd Canolog / Cardiff Central	3 a			1001				1201		
Caerdydd Canolog / Cardiff Central	3 d	0905	0941	1006	1041	1106	1141	1206	1241	1306 1341
Heol y Frenhines / Queen St	3 d	0909	0946	1010	1046	1110	1146	1210	1246	1310 1346
Lefel Uchel / Heath High Level	d	0914	0951	1015	1051	1115	1151	1215	1251	1315 1351
Llanishen	d	0917	0954	1018	1054	1118	1154	1218	1254	1318 1354
Llysfaen / Lisvane & Thornhill	d	0919	0957	1020	1057	1120	1157	1220	1257	1320 1357
Caerffili / Caerphilly	d	0925	1004a	1026	1104a	1126	1204a	1226	1304a	1326 1404a
Aber	d	0927		1028		1128		1228		1328
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	0930		1031		1131		1231		1331
Llanbradach	d	0933		1034		1134		1234		1334
Ystrad Mynach	3 a	0939		1039		1140		1239		1340
Ystrad Mynach	3 d	0939		1040		1140		1240		1340
Hengoed	d	0942		1042		1143		1243		1343
Pengam	d	0945		1046		1146		1246		1346
Gilfach Fargoed	d	0948		1049		1149		1249		1349
Bargoed	a	0953		1053		1154		1254		1354
Brithdir	d	0956		1057		1157		1257		1357
Tir-phil	d	0959		1100		1200		1300		1400
Pontlotyn / Pontlottyn	d	1004		1104		1205		1305		1405
Rhymni / Rhymney	a	1009		1109		1209		1309		1410

Penarth - Caerdydd - Caerffili - Cwm Rhymni										Dydd Sul
Penarth - Cardiff - Caerphilly - Rhymney Valley										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Penarth	d	1347				1547		1647		1747
Heol Dingle / Dingle Road	d	1349				1549		1649		1749
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d			1406				1606		
Grangetown	d	1353		1434		1553		1653	1634	1753
Caerdydd Canolog / Cardiff Central	3 a	1401				1601		1701		1801
Caerdydd Canolog / Cardiff Central	3 d	1405	1441	1506	1541	1605	1641	1705	1741	1805 1841
Heol y Frenhines / Cardiff Queen St	3 d	1410	1446	1510	1546	1609	1646	1709	1746	1809 1846
Lefel Uchel / Heath High Level	d	1415	1451	1515	1551	1614	1651	1714	1751	1814 1851
Llanishen	d	1418	1454	1518	1554	1617	1654	1717	1754	1817 1854
Llysfaen / Lisvane & Thornhill	d	1420	1457	1520	1557	1619	1657	1719	1757	1819 1857
Caerffili / Caerphilly	d	1426	1504a	1526	1604a	1625	1704a	1725	1804a	1825 1904a
Aber	d	1428		1528		1627		1727		1827
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1431		1531		1630		1730		1830
Llanbradach	d	1434		1534		1633		1733		1833
Ystrad Mynach	3 a	1440		1540		1639		1739		1839
Ystrad Mynach	3 d	1440		1540		1639		1739		1839
Hengoed	d	1443		1543		1642		1742		1842
Pengam	d	1446		1546		1645		1745		1845
Gilfach Fargoed	d	1449		1549		1648		1748		1848
Bargoed	a	1454		1554		1653		1753		1853
Brithdir	d	1457		1557		1656		1756		1856
Tir-phil	d	1500		1600		1659		1759		1859
Pontlotyn / Pontlottyn	d	1505		1605		1704		1804		1904
Rhymni / Rhymney	a	1509		1609		1709		1808		1908

Penarth - Caerdydd - Caerffili - Cwm Rhymni										Dydd Sul	
Penarth - Cardiff - Caerphilly - Rhymney Valley										Sundays	
	TfW	TfW	TfW	TfW	TfW						
Penarth	d			1947		2052					
Heol Dingle / Dingle Road	d			1949		2054					
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	1806		1906	2006						
Grangetown	d	1834		1953	2033	2058					
Caerdydd Canolog / Cardiff Central	a			2001		2106					
Caerdydd Canolog / Cardiff Central	d	1906	1941	2005	2045	2111					
Heol y Frenhines / Cardiff Queen St	d	1910	1946	2009	2049	2115					
Lefel Uchel / Heath High Level	d	1915	1951	2014	2054	2120					
Llanishen	d	1918	1954	2017	2057	2123					
Llysfan / Lisvane & Thornhill	d	1920	1957	2019	2100	2126					
Caerffili / Caerphilly	d	1926	2005a	2025	2108a	2132					
Aber	d	1928		2027		2134					
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1931		2030		2137					
Llanbradach	d	1934		2033		2140					
Ystrad Mynach	a	1940		2039		2146					
Ystrad Mynach	d	1940		2039		2146					
Hengoed	d	1942		2042		2149					
Pengam	d	1946		2045		2152					
Gilfach Fargoed	d	1949		2048		2155					
Bargoed	a	1953		2053		2200					
Brithdir	d	1957		2056		2204					
Tir-phil	d	2000		2059		2207					
Pontlotyn / Pontlottyn	d	2004		2104		2212					
Rhymni / Rhymney	a	2009		2108		2216					

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyio ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit www.tfw.wales or call 03457 484 950.

Nodiadau safonol

Standard notes

Mae'r amseroedd **mewn coch** yn dynodi gwasanaethau sy'n cysylltu

Times in **red type** indicate connecting services.

Amser cyrraedd	a	Arrival time
Amser ymadael	d	Departure time
Yn aros i ollwng teithwyr yn unig	s	Stops to set down only
Yn aros i godi teithwyr yn unig	u	Stops to pick up only
Yn aros ar gais. Rhaid i bobl sydd eisiau mynd i lawr hysbysu'r tocynnwr. Rhaid i bobl sydd eisiau mynd ar y trên roi'r arwydd llaw priodol i'r gyrrwr	x	Service stops on request. Passengers wishing to alight must inform the conductor. Passengers wishing to board must give the appropriate hand signal to the driver
Amser cysylltu a argymhellir	10	Recommended connecting time
Yn parhau mewn colofn ddiweddarach	→	Continued in later column
Parhad o golofn gynharach	←	Continued from earlier column
Hefyd â seddi Dosbarth Cyntaf	1	Also conveys First Class accommodation
Mae gwasanaeth troli o byrbrydau oer, brechdanau a diodydd poeth ac oer ar gael ar ran o'r daith neu'r daith i gyd	☺	An at seat service of cold snacks, sandwiches and hot and cold drinks is available for all or part of the journey
Darperir bwyty (i ddeiliaid tocynnau Dosbarth Cyntaf neu docynnau Dosbarth Busnes Tfw) a gwasanaeth bwffe o fyrbrydau poeth, brechdanau, diodydd oer a phoeth	☼	A restaurant (for 1st Class ticket holders, or Tfw Business Class ticket holders) and a buffet service of hot snacks, sandwiches, hot and cold drinks are provided
Mae gwasanaeth bwffe sy'n cynnwys byrbrydau poeth, brechdanau a diodydd poeth ac oer ar gael	☽	A buffet service of hot snacks, sandwiches and hot and cold drinks is provided
Great Western Railway	GW	Great Western Railway
West Midlands Trains	LM	West Midlands Trains
Trafnidiaeth Cymru	TfW	Transport for Wales
Avanti West Coast	VT	Avanti West Coast
Northern	NT	Northern
Cross Country	XC	Cross Country

Roedd yr wybodaeth hon yn gywir adeg cyhoeddi.
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Gallwch hefyd "gyrraedd a mynd" heb archebu cymorth arbennig ymlaen llaw. Byddwn yn eich helpu i gyrraedd lle'r ydych chi eisiau mynd.
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