



Amserau Trenau

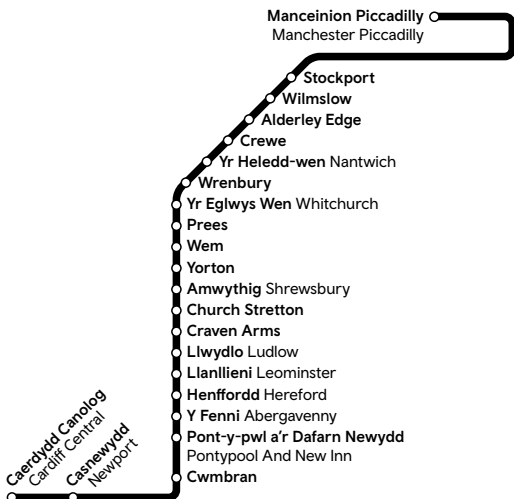
10 Medi - 09 Rhagfyr 2023

Train Times

10 September - 09 December 2023

Caerdydd - Henffordd - Amwythig - Crewe - Manceinion

Cardiff - Hereford - Shrewsbury -
Crewe - Manchester



Canllaw yn unig yw'r llyfrynnau amserlenni. Dyw newidiadau oherwydd gwaith peirianyddol neu darfu anisgwylledig ar y diwrnod ddim wedi'u cynnwys. Mae gwasanaethau'n gallu newid felly gwnewch eich gwaith cartref cyn teithio, ewch i trc.cymru

Timetable booklets are provided as a guide only. Changes due to engineering works or on-the-day unplanned disruption are not included. Services are subject to change, check before you travel, visit tfw.wales



TRAFNIDIAETH CYMRU
TRANSPORT FOR WALES

TTB02_DLb_V1_08/23

	TfW	TfW ◇ MX	TfW	TfW 1131	TfW ◇	TfW ◇	TfW	TfW 1131	TfW 1131	TfW ◇
Aberdaugleddau / Milford Haven	d									
Caerfyrddin / Carmarthen	d									
Llanelli	d									0608
Abertawe / Swansea	d				0346	0346		0536		0547
Castell Nedd / Neath	d				0358	0358		0548		
Parcfordd Port Talbot Parkway	d				0405	0405		0555		
Pen-y-Bont ar Ogwr / Bridgend	d				0427	0427		0612		
Caerdydd Canolog / Cardiff Central 7	d	0030		0435	0512	0538		0635	0648	
Casnewydd / Newport	d	0049		0454	0531	0556		0649	0702	
Cwmbrân	d	0100		0505	0542	0606		0659	0713	
Pontypwl a New Inn / Pontypool & New Inn	d	0106		0511	0548	0612			0720	
Y Fenni / Abergavenny	d	0117		0521	0557	0621		0713	0730	
Henffordd / Hereford 7	a	0149		0547	0622	0646		0738	0756	
Henffordd / Hereford 7	d			0547	0625	0650		0739	0756	
Llanllieni / Leominster	d			0600	0638	0703		0752		
Llwydlo / Ludlow	d			0612	0649	0714		0803	0818	
Craven Arms	d			0620	0657	0722		0812		0915
Church Stretton	d			0630	0706	0731		0821		0926
Amwythig / Shrewsbury	a			0647	0721	0746		0838	0847	0946
Amwythig / Shrewsbury	d	0528		0647	0726	0749	0819	0844	0849	
Aberystwyth	a			0921				1121		1220
Wrecsam Cyffredinol / Wrexham General	a				0801				0928	
Yorton	d	0537x					0829x			
Wem	d	0542		0700		0800	0835	0857		
Prees	d	0547x					0840x			
Yr Eglwys Wen / Whitchurch	d	0554		0709		0809	0847	0906		
Wrenbury	d	0600x					0854x			
Yr Heledd Wen / Nantwich	d	0606		0719		0818	0900	0916		
Crewe 10	a	0615	0629d	0730		0828	0910	0928		
Caer / Chester	a	0645		0844	0820	0944	1028	1044	0946	
Cyffordd Llandudno / Llandudno Junction	a	0737			0918		1123		1030	
Bangor	a	0754			0940				1046	
Caerdybi / Holyhead 20	a	0822			1009				1117	
Wilmslow	a		0648	0750		0850	1025	0950		
Stockport	a		0659	0800		0901	1035	1001		
Manceinion Piccadilly / Manchester Piccadilly 10	a		0717	0813		0915	1044	1015		

Nodiadau

MX Dydd Mawrth i ddydd Gwener

Notes

MX Tuesday to Friday

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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		TfW R	TfW	TfW R	TfW ◇	TfW R	TfW	TfW R	TfW ◇	TfW R	TfW R
Aberdaugleddau / Milford Haven	d					0702					0908
Caerfyrddin / Carmarthen	d	0545		0603	0723	0758		0815	0853	0927	1006
Llanelli	d	0615		0633	0756	0828		0845	0931	0954	1031
Abertawe / Swansea	d	0639		0743	0823	0852		0923	0909	1023	1055
Castell Nedd / Neath	d	0654		0755	0835	0904		0935		1035	1106
Parcfordd Port Talbot Parkway	d	0706		0802	0842	0912		0942		1042	1114
Pen-y-Bont ar Ogwr / Bridgend	d	0720		0815	0855	0927		0955		1055	1129
Caerdydd Canolog / Cardiff Central	d	0750		0849	0922	0953		1052		1125	1153
Casnewydd / Newport	d	0804		0903	0936	1007		1106		1139	1207
Cwmbrân	d	0814		0914	0947	1017		1116		1149	1217
Pontypwl a New Inn / Pontypool & New Inn	d	0820			0952					1155	
Y Fenni / Abergavenny	d	0829		0927	1002	1030		1130		1205	1230
Henffordd / Hereford	a	0854		0952	1026	1055		1154		1231	1255
Henffordd / Hereford	d	0856		0953	1027	1056		1156		1231	1256
Llanllieni / Leominster	d	0909		1006		1109		1209			1309
Llwydlo / Ludlow	d	0920		1018	1048	1120		1220		1253	1320
Craven Arms	d	0929		1026	1057	1128			1245		1328
Church Stretton	d	0938		1036	1106	1137			1256		1337
Amwythig / Shrewsbury	a	0953		1052	1122	1152		1250	1313	1323	1352
Amwythig / Shrewsbury	d	0954	1019	1053	1130	1153	1219	1251		1326	1354
Aberystwyth	a			1322				1521			
Wrecsam Cyffredinol / Wrexham General	a				1206					1405	
Yorton	d		1029x				1229x				
Wem	d	1006	1035				1235				
Prees	d		1040x				1240x				
Yr Eglwys Wen / Whitchurch	d		1048			1210	1247				
Wrenbury	d		1054x				1254x				
Yr Heledd Wen / Nantwich	d		1101			1219	1300				1417
Crewe	a	1028	1111	1129		1229	1310	1328			1427
Caer / Chester	a	1105	1144	1206	1226	1344	1407	1444		1422	1505
Cyffordd Llandudno / Llandudno Junction	a	1201			1322					1523	
Bangor	a	1219			1340					1550	
Caerdybi / Holyhead	a	1247			1418					1619	
Wilmslow	a	1050	1225	1150		1250	1425	1349			1450
Stockport	a	1101	1235	1201		1301	1435	1401			1501
Manceinion Piccadilly / Manchester Piccadilly	a	1115	1244	1215		1315	1444	1415			1515

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	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
		1127	1154	1203	1228		1323	1423		
Aberdaugleddau / Milford Haven	d					1104				1300
Caerfyrddin / Carmarthen	d		1127			1203				1357
Llanelli	d		1154	1203		1228				1422
Abertawe / Swansea	d	1123	1223	1138		1255		1323	1423	1448
Castell Nedd / Neath	d	1135	1235			1307		1335	1435	1500
Parcfordd Port Talbot Parkway	d	1142	1242			1315		1342	1442	1508
Pen-y-Bont ar Ogwr / Bridgend	d	1155	1255			1333		1355	1455	1523
Caerdydd Canolog / Cardiff Central	d	1249	1322			1357		1449	1523	1549
Casnewydd / Newport	d	1303	1337			1411		1503	1537	1602
Cwmbrân	d	1313	1347			1421		1513	1547	1613
Pontypwl a New Inn / Pontypool & New Inn	d		1353					1553		1618
Y Fenni / Abergavenny	d	1327	1402			1435		1527	1602	1627
Henffordd / Hereford	a	1352	1427			1500		1552	1627	1652
Henffordd / Hereford	d	1353	1429			1500		1553	1628	1653
Llanllieni / Leominster	d	1406				1513		1607	1641	1706
Llwydlo / Ludlow	d	1417	1450			1524		1619	1652	1717
Craven Arms	d		1459	1517		1533			1701	1725
Church Stretton	d		1508	1528		1542			1710	1734
Amwythig / Shrewsbury	a	1447	1524	1545		1557		1648	1724	1749
Amwythig / Shrewsbury	d	1419	1447	1528		1557	1614	1652	1728	1750
Aberystwyth	a		1721					1921		2020
Wrecsam Cyffredinol / Wrexham General	a			1604					1805	
Yorton	d	1429x					1624x			1835x
Wem	d	1435					1630			1801
Prees	d	1440x					1635x			1845x
Yr Eglwys Wen / Whitchurch	d	1447	1504				1642			1809
Wrenbury	d	1454x					1649x			1858x
Yr Heledd Wen / Nantwich	d	1500	1515				1655			1818
Crewe	a	1510	1528			1628	1710	1729		1828
Caer / Chester	a	1544	1644	1622		1705	1744	1846	1822	1913
Cyffordd Llandudno / Llandudno Junction	a			1719		1801			1918	2012
Bangor	a			1742		1819			1937	2029
Caergybi / Holyhead	a			1822		1847			2020	2057
Wilmslow	a	1625	1550			1650	1825	1750		1850
Stockport	a	1635	1601			1701	1835	1801		1901
Manceinion Piccadilly / Manchester Piccadilly	a	1644	1615			1715	1844	1814		1915

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	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
	◇	R	1R0	1R1	1R2	1R3	TfW	1R0	◇	◇	
Aberdaugleddau / Milford Haven	d					1504					
Caerfyrddin / Carmarthen	d	1424				160 1	16 19				
Llanelli	d	1443	145 1			1626	1638		1647		
Abertawe / Swansea	d	14 18	1505	1523		1650	1705		1723	1747	
Castell Nedd / Neath	d		152 1	1535		170 1	1720		1735	1802	
Parcfordd Port Talbot Parkway	d		1533	1542		1708	173 1		1742	18 15	
Pen-y-Bont ar Ogwr / Bridgend	d		1550	1555	1634	1720	1747		1756	1830	
Caerdydd Canolog / Cardiff Central	d		1622	1649	17 14	1749	1825		1855	194 1	2005
Casnewydd / Newport	d		1635	1703	1728	1803	1838		1909	1955	20 19
Cwmbrân	d		1646	17 13	1738	18 13	1849		1920	2005	2029
Pontypwl a New Inn / Pontypool & New Inn	d		165 1		1744	18 18	1854			20 10	2034
Y Fenni / Abergavenny	d		1700	1727	1754	1828	1904		1933	2020	2044
Henffordd / Hereford	a		1725	175 1	1820	1853	1929		1959	2045	2 108
Henffordd / Hereford	d		1726	1753	1820	1853	1929		1959	2046	2 110
Llanllieni / Leominster	d			1806		1906			20 12	2059	2 123
Llwydlo / Ludlow	d			18 17		19 17	1950		2024	2 110	2 134
Craven Arms	d	1804	1753			1926	1959			2 118	2 142
Church Stretton	d	18 15	1802			1935	2008			2 127	2 151
Amwythig / Shrewsbury	a	1832	18 17	1846	1909	1950	2026		2053	2 142	2206
Amwythig / Shrewsbury	d		18 18	1848	1909	1956	2027	2035	2058	2 146	2207
Aberystwyth	a	2 122				2222	2222		2336	2336	
Wrecsam Cyffredinol / Wrexham General	a				1940					2222	
Yorton	d							2044x			22 16x
Wem	d							2050			222 1
Prees	d							2055x			2226x
Yr Eglwys Wen / Whitchurch	d		1837	1905				2 102			2233
Wrenbury	d							2 108x			2239x
Yr Heledd Wen / Nantwich	d		1846	19 15			205 1	2 114			2245
Crewe	a		1856	1928		2027	2 100	2 123	2 136		2255
Caer / Chester	a		1928	20 13	1957	2 113	2 125	2 158	2244	224 1	
Cyffordd Llandudno / Llandudno Junction	a				2050	22 12	2253	23 11		2352	
Bangor	a				2 110	2229	23 11	2337		00 15	
Caerdybi / Holyhead	a				2 142	2257	2339	00 18		0043	
Wilmslow	a		1925	1949		2050	2 125	2225	2 157		23 14
Stockport	a		1935	200 1		2 10 1	2 135	2235	2208		2324
Manceinion Piccadilly / Manchester Piccadilly	a		1944	20 15		2 115	2 144	2245	2227		234 1

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	TfW ◇	TfW ◇	TfW ◇							
Aberdaugleddau / Milford Haven	d									
Caerfyrddin / Carmarthen	d	18 18								
Llanelli	d	1842	1849							
Abertawe / Swansea	d	18 19	1923	2023						
Castell Nedd / Neath	d		1935	2035						
Parcfordd Port Talbot Parkway	d		1942	2042						
Pen-y-Bont ar Ogwr / Bridgend	d		202 1	2056						
Caerdydd Canolog / Cardiff Central 	d		2 1 15	2 155						
Casnewydd / Newport	d		2 129	22 13						
Cwmbrân	d		2 140	2224						
Pontypwl a New Inn / Pontypool & New Inn	d			2230						
Y Fenni / Abergavenny	d		2 153	2240						
Henffordd / Hereford 	a		2220	2308						
Henffordd / Hereford 	d		2220	2308						
Llanllieni / Leominster	d		2233	232 1						
Llwydlo / Ludlow	d		2244	2332						
Craven Arms	d	2 152	2253	2342						
Church Stretton	d	2204	2302	235 1						
Amwythig / Shrewsbury	a	2221	23 17	0008						
Amwythig / Shrewsbury	d		23 17	00 13						
Aberystwyth	a									
Wrecsam Cyffredinol / Wrexham General	a									
Yorton	d		2326x	0022x						
Wem	d		233 1	0027						
Prees	d		2336x	0032x						
Yr Eglwys Wen / Whitchurch	d		2343	0039						
Wrenbury	d		2349x	0045x						
Yr Heledd Wen / Nantwich	d		2355	0052						
Crewe 	a		0006	0 104						
Caer / Chester	a		0027							
Cyffordd Llandudno / Llandudno Junction	a									
Bangor	a									
Caerdybi / Holyhead 	a									
Wilmslow	a									
Stockport	a									
Manceinion Piccadilly / Manchester Piccadilly 	a									

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	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Aberdaugleddau / Milford Haven	d	◇		18	◇	◇				
Caerfyrddin / Carmarthen	d									
Llanelli	d									06 10
Abertawe / Swansea	d				0356			0530	0623	0549
Castell Nedd / Neath	d				0408			0542	0635	
Parcfordd Port Talbot Parkway	d				04 15			0549	0642	
Pen-y-Bont ar Ogwr / Bridgend	d				0428			0606	0655	
Caerdydd Canolog / Cardiff Central 7	d	0030		0435	0520	0537		0635	072 1	
Casnewydd / Newport	d	0046		0449	0533	0552		0649	0736	
Cwmbrân	d	0056		0459	0544	0602		070 1	0747	
Pontypwl a New Inn / Pontypool & New Inn	d	0 102		0505	0549	0608			0753	
Y Fenni / Abergavenny	d	0 113		05 15	0559	06 17		07 16	0802	
Henffordd / Hereford 7	a	0 143		0540	0623	0642		074 1	0829	
Henffordd / Hereford 7	d			0542	0624	0647		0742	0830	
Llanllieni / Leominster	d			0555	0637	0700		0755		
Llwydlo / Ludlow	d			0607	0648	0711		0807	085 1	
Craven Arms	d			06 16	0657	072 1		08 16	0859	09 16
Church Stretton	d			0626	0706	0730		0826	0908	0927
Amwythig / Shrewsbury	a			0642	072 1	0748		0843	0924	0945
Amwythig / Shrewsbury	d	0530		0645	0726	0749	08 19	0846	0927	
Aberystwyth	a			092 1				112 1		122 1
Wrecsam Cyffredinol / Wrexham General	a					0802			1003	
Yorton	d	0540x						0829x		
Wem	d	0546		0658		0800		0834		
Prees	d	055 1x						0840x		
Yr Eglwys Wen / Whitchurch	d	0558		0707		0809		0847	0903	
Wrenbury	d	0605x						0854x		
Yr Heledd Wen / Nantwich	d	06 11		07 17		08 18	0900	09 14		
Crewe	10	a	062 1	0629d	0729	0828	09 10	0928		
Caer / Chester	a	0722		0844	0820	0944		1044	1020	
Cyffordd Llandudno / Llandudno Junction	a	08 15			09 16				1114	
Bangor	a	0840			0945				1140	
Caerdybi / Holyhead	20	a	092 1		10 19				12 12	
Wilmslow	a	0724	0648	0750		0850	1025	0950		
Stockport	a	0734	0659	0800		090 1	1035	1000		
Manceinion Piccadilly / Manchester Piccadilly	10	a	0743	07 15	08 15		09 15	1044	10 15	

	TfW R	TfW 1R	TfW	TfW ◇	TfW ◇	TfW ◇	TfW 1R	TfW ◇	TfW R	TfW R	
Aberdaugleddau / Milford Haven	d				0703						
Caerfyrddin / Carmarthen	d	0554	06 15		0725	0759		08 16		0854 0932	
Llanelli	d	0624	0645		0758	0829		0844		0931 0959	
Abertawe / Swansea	d	0650	0741		0823	0854		0905	0923	0908 1023	
Castell Nedd / Neath	d	0702	0753		0835	0905		0921	0935		1035
Parcfordd Port Talbot Parkway	d	0709	0801		0842	09 13		0932	0943		1042
Pen-y-Bont ar Ogwr / Bridgend	d	0724	08 15		0855	0928		095 1	0956		1055
Caerdydd Canolog / Cardiff Central	d	0752	0849		0922	0953		1023	1052		1123
Casnewydd / Newport	d	0806	0904		0937	1007		1038a	1106		1137
Cwmbrân	d	08 16	09 14		0947	10 17			11 16		1147
Pontypwl a New Inn / Pontypool & New Inn	d	0821			0952						1153
Y Fenni / Abergavenny	d	0831	0928		1002	1030			1130		1202
Henffordd / Hereford	a	0855	0953		1027	1055			1155		1227
Henffordd / Hereford	a	0856	0954		1027	1056			1156		1228
Llanllieni / Leominster	d	0909	1007		1041	1110			1209		
Llwydlo / Ludlow	d	0920	10 18		1052	1121			1220		1249
Craven Arms	d	0929	1027		1100	1129				1242	1257
Church Stretton	d	0939	1036		1109	1138				1253	1307
Amwythig / Shrewsbury	a	0953	1053		1124	1153			1250	13 10	1322
Amwythig / Shrewsbury	d	0954	1054	10 19	1128	1154	12 19		125 1		1327
Aberystwyth	a		1322						1522		
Wrecsam Cyffredinol / Wrexham General	a				1204						1404
Yorton	d			1029x			1229x				
Wem	d	1006		1035			1235				
Prees	d			1040x			1240x				
Yr Eglwys Wen / Whitchurch	d			1047		12 10	1247				
Wrenbury	d			1054x			1254x				
Yr Heledd Wen / Nantwich	d			1100		12 19	1300				
Crewe	a	1028	1130	1110		1228	13 10		1328		
Caer / Chester	a	1105	1205	1144	122 1	1344	1405		1444		1424
Cyffordd Llandudno / Llandudno Junction	a	1201	1301		13 19						1520
Bangor	a	12 19	13 19		1338						1541
Caerdybi / Holyhead	a	1247	1347		14 18						1621
Wilmslow	a	1050	1150	1225		1250	1425		1348		
Stockport	a	1101	1201	1235		130 1	1435		140 1		
Manceinion Piccadilly / Manchester Piccadilly	a	11 15	12 15	1244		13 15	1444		14 15		

	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
	R		1R	◇	◇	R	◇		1R	R
Aberdaugleddau / Milford Haven	d	09 10				110 1				
Caerfyrddin / Carmarthen	d	1007		1132		120 1				1325
Llanelli	d	1032		1159	1208	1226				1355
Abertawe / Swansea	d	1053	1122	1223	1145	1253	1305		1324	1423
Castell Nedd / Neath	d	1104	1136	1235		1305	132 1		1336	1435
Parcfordd Port Talbot Parkway	d	1112	1144	1242		13 12	1332		1344	1443
Pen-y-Bont ar Ogwr / Bridgend	d	1128	1158	1255		1329	1349		1356	1455
Caerdydd Canolog / Cardiff Central	d	1154	1252	1322		1355	14 14		1453	1522
Casnewydd / Newport	d	1207	1306	1336		1409	1432a		1507	1537
Cwmbrân	d	1218	1317	1346		14 19			15 17	1547
Pontypwl a New Inn / Pontypool & New Inn	d			1352						1553
Y Fenni / Abergavenny	d	1231	1330	140 1		1432			153 1	1602
Henffordd / Hereford	a	1256	1355	1426		1457			1555	1627
Henffordd / Hereford	d	1256	1356	1427		1458			1557	1628
Llanllieni / Leominster	d	1309	1409			15 11			16 10	164 1
Llwydlo / Ludlow	d	1320	142 1	1448		1522			162 1	1652
Craven Arms	d	1329		1456	15 17	153 1				1700
Church Stretton	d	1338		1505	1528	1540				1709
Amwythig / Shrewsbury	a	1353	1450	1525	1545	1555			1650	1723
Amwythig / Shrewsbury	d	1353	14 19	145 1	1528	1557		16 19	165 1	1729
Aberystwyth	a		172 1						192 1	2022
Wrecsam Cyffredinol / Wrexham General	a			1603						1805
Yorton	d		1429x					1629x		
Wem	d		1435					1635		
Prees	d		1440x					1640x		
Yr Eglwys Wen / Whitchurch	d	1410	1447					1647		
Wrenbury	d		1454x					1654x		
Yr Heledd Wen / Nantwich	d	1419	1500					1700		
Crewe	a	1428	15 10	1528		1628		17 10	1728	
Caer / Chester	a	1504	1544	1644	1622	1744		1805	1844	1823
Cyffordd Llandudno / Llandudno Junction	a	1602			17 18			190 1		1923
Bangor	a	1620			1742			19 19		1942
Caerdybi / Holyhead	a	1652			182 1			1947		2025
Wilmslow	a	1450	1625	1549		1650		1825	1750	
Stockport	a	1501	1635	160 1		170 1		1835	180 1	
Manceinion Piccadilly / Manchester Piccadilly	a	15 15	1644	16 15		17 15		1844	18 15	

Caerdydd - Henffordd - Amwythig - Crewe - Manceinion										Dydd Sadwrn
Cardiff - Hereford - Shrewsbury - Crewe - Manchester										Saturdays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
	R		◇	◇	MR	R	R	R	TR	◇
Aberdaugleddau / Milford Haven	d	1305						1509		
Caerfyrddin / Carmarthen	d	1401					1528	1606		1701 1720
Llanelli	d	1426		1453			1556	1631		1731 1754
Abertawe / Swansea	d	1449		1430	1509	1526	1622	1655		1755 1822
Castell Nedd / Neath	d	1500			1524	1538	1634	1706		1806 1834
Parcfordd Port Talbot Parkway	d	1508			1535	1546	1642	1714		1813 1842
Pen-y-Bont ar Ogwr / Bridgend	d	1523			1551	1558	1655	1729		1827 1855
Caerdydd Canolog / Cardiff Central	d	1549			1615	1650	1723	1756		1855 1941
Casnewydd / Newport	d	1602			1630	1704	1736	1809		1909 1955
Cwmbrân	d	1613			1641	1715	1747	1820		1920 2005
Pontypwl a New Inn / Pontypool & New Inn	d	1618			1646	1721	1752	1825		2011
Y Fenni / Abergavenny	d	1627			1659a	1731	1802	1835		1934 2020
Henffordd / Hereford	a	1651				1756	1827	1900		1959 2045
Henffordd / Hereford	d	1653				1757	1827	1900		2000 2046
Llanllieni / Leominster	d	1706				1810		1913		2013 2059
Llwydlo / Ludlow	d	1717				1821	1848	1924		2025 2110
Craven Arms	d	1726		1804			1857			2118
Church Stretton	d	1735		1815			1906			2127
Amwythig / Shrewsbury	a	1750		1835		1850	1921	1951		2056 2143
Amwythig / Shrewsbury	d	1750	1826			1851	1928	1952	2032	2058 2143
Aberystwyth	a			2125				2222		2335
Wrexham Cyffredinol / Wrexham General	a						2004			2219
Yorton	d		1836x						2041x	
Wem	d	1801	1842						2046	
Prees	d		1847x						2051x	
Yr Eglwys Wen / Whitchurch	d	1809	1854					2009	2058	
Wrenbury	d		1901x						2104x	
Yr Heledd Wen / Nantwich	d	1818	1907					2018	2110	
Crewe	a	1828	1917			1928		2028	2119	2135
Caer / Chester	a	1913	2013			2013	2024	2105	2158	2244 2236
Cyffordd Llandudno / Llandudno Junction	a		2109				2125	2222		2334
Bangor	a		2127				2144	2246		
Caerdybi / Holyhead	a		2155				2224	2316		
Wilmslow	a	1849	2025			1951		2050		2157
Stockport	a	1901	2035			2001		2101		2208
Manceinion Piccadilly / Manchester Piccadilly	a	1915	2044			2016		2115		2223

	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇					
Aberdaugleddau / Milford Haven	d 1706			19 12						
Caerfyrddin / Carmarthen	d 1807	1853		2009						
Llanelli	d 1836	1925	1842	2034						
Abertawe / Swansea	d 1900	1952	18 18	2057						
Castell Nedd / Neath	d 1911	2003		2 108						
Parcfordd Port Talbot Parkway	d 19 19	20 11		2 115						
Pen-y-Bont ar Ogwr / Bridgend	d 1933	2025		2 127						
Caerdydd Canolog / Cardiff Central	d 2005	2055		2 153						
Casnewydd / Newport	d 2020	2 109		2206						
Cwmbrân	d 2031	2 121		22 17						
Pontypwl a New Inn / Pontypool & New Inn	d 2036			2222						
Y Fenni / Abergavenny	d 2046	2 134		223 1						
Henffordd / Hereford	a 2 110	2 159		2257						
Henffordd / Hereford	d 2 112	2200								
Llanllieni / Leominster	d 2 125	22 14								
Llwydlo / Ludlow	d 2 136	2225								
Craven Arms	d 2 144	2233	2 153							
Church Stretton	d 2 153	2242	2205							
Amwythig / Shrewsbury	a 2208	2257	2226		2333					
Amwythig / Shrewsbury	d 2209	2303			2337					
Aberystwyth	a									
Wrecsam Cyffredinol / Wrexham General	a									
Yorton	d 22 18x	23 12x			2345x					
Wem	d 2223	23 17			2350					
Prees	d 2228x	2322x			2354x					
Yr Eglwys Wen / Whitchurch	d 2235	2329			2359					
Wrenbury	d 224 1x	2335x			0006x					
Yr Heledd Wen / Nantwich	d 2247	2341			00 12					
Crewe	a 2257	235 1			0022					
Caer / Chester	a 2353	0023								
Cyffordd Llandudno / Llandudno Junction	a									
Bangor	a									
Caerdybi / Holyhead	a 20									
Wilmslow	a 23 16									
Stockport	a 2326									
Manceinion Piccadilly / Manchester Piccadilly	a 2340									

	TfW ◇ Q	TfW ◇	TfW	TfW ◇	TfW ◇ II	TfW	TfW ◇ II	TfW II	TfW U	TfW
Aberdaugleddau / Milford Haven	d									
Caerfyrddin / Carmarthen	d									
Llanelli	d									
Abertawe / Swansea	d							0838	0832	
Castell Nedd / Neath	d							0849	0844	
Parcfordd Port Talbot Parkway	d							0858	0851	
Pen-y-Bont ar Ogwr / Bridgend	d							0914	0904	
Caerdydd Canolog / Cardiff Central 7	d	0823						0830	0940	0957
Casnewydd / Newport	d	0840a						0852	0958	1015a
Cwmbrân	d							0903	1009	
Pontypwl a New Inn / Pontypool & New Inn	d							0909	1015	
Y Fenni / Abergavenny	d							0918	1026	
Henffordd / Hereford 7	a							0945	1053	
Henffordd / Hereford 7	d							0947	1054	
Llanllieni / Leominster	d							1001	1107	
Llwydlo / Ludlow	d							1012	1119	
Craven Arms	d							1020		
Church Stretton	d							1029		
Amwythig / Shrewsbury	a							1046	1150	
Amwythig / Shrewsbury Aberystwyth	d		0825		0955	1022	1052	1150		1224
Wrecsam Cyffredinol / Wrexham General	a									
Yorton	d		0834x			1031x				1233x
Wem	d		0839			1036				1238
Prees	d		0844x			1041x				1243x
Yr Eglwys Wen / Whitchurch	d		0851			1048				1250
Wrenbury	d		0857x			1054x				1256x
Yr Heledd Wen / Nantwich	d		0903			1100				1302
Crewe 10	a	0832d	0913	0929d	1026	1110	1124	1227		1312
Caer / Chester	a		0944		1129	1147	1218	1317		1347
Cyffordd Llandudno / Llandudno Junction	a		1047		1254		1406	1501		
Bangor	a		1113		1313		1432	1519		
Caerdybi / Holyhead 20	a		1158		1342		1505	1559		
Wilmslow	a	0849	1034	0950	1048		1149	1248		
Stockport	a		1043		1100			1300		
Manceinion Piccadilly / Manchester Piccadilly 10	a	0910	1055	1009	1115		1214	1312		

Nodiadau

Q I Cheltenham Spa

U I Glyn Ebbwy

Notes

Q To Cheltenham Spa

U To Ebbw Vale Town

	TfW ◇ Q	TfW ⊠ I	TfW U	TfW ⊠ I	TfW	TfW ◇ Q	TfW ◇	TfW ⊠ I	TfW U	TfW ⊠ I
Aberdaugleddau / Milford Haven	d									
Caerfyrddin / Carmarthen	d							1030		1127
Llanelli	d						1133	1055		1154
Abertawe / Swansea	d	0935		1032			1110	1130		1223
Castell Nedd / Neath	d	0946		1044				1141		1235
Parcfordd Port Talbot Parkway	d	0954		1051				1149		1242
Pen-y-Bont ar Ogwr / Bridgend	d	1009		1108				1204		1255
Caerdydd Canolog / Cardiff Central	d	1030	1034	1104	1140	1229		1236	1306	1329
Casnewydd / Newport	d	1043a	1049	1118a	1154	1242a		1250	1321a	1343
Cwmbrân	d		1103		1205			1306		1353
Pontypwl a New Inn / Pontypool & New Inn	d		1109		1211			1311		1359
Y Fenni / Abergavenny	d		1119		1221			1321		1408
Henffordd / Hereford	a		1146		1246			1347		1435
Henffordd / Hereford	d		1149		1247			1349		1435
Llanllieni / Leominster	d		1202		1300			1403		1448
Llwydlo / Ludlow	d		1213		1312			1414		1459
Craven Arms	d		1223				1444	1423		1508
Church Stretton	d		1232				1457	1433		
Amwythig / Shrewsbury	a		1249		1342		1513	1449		1529
Amwythig / Shrewsbury	d		1250		1342	1422		1453		1533
Aberystwyth	a		1521		1620		1723			1821
Wrecsam Cyffredinol / Wrexham General	a									1610
Yorton	d				1431x					
Wem	d				1436					
Prees	d				1441x					
Yr Eglwys Wen / Whitchurch	d				1448					
Wrenbury	d				1454x					
Yr Heledd Wen / Nantwich	d				1500					
Crewe	a		1328		1421	1512		1528		
Caer / Chester	a		1418		1504	1556		1623		1629
Cyffordd Llandudno / Llandudno Junction	a		1545		1607	1658		1805		1732
Bangor	a		1610		1625	1717		1829		1757
Caerdybi / Holyhead	a		1643		1653	1759		1903		1838
Wilmslow	a		1349		1451			1550		
Stockport	a		1400		1502			1602		
Manceinion Piccadilly / Manchester Piccadilly	a		1415		1515			1615		

Nodiadau

Q I Cheltenham Spa

U I Glyn Ebbwy

Notes

Q To Cheltenham Spa

U To Ebbw Vale Town

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlywo ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

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	TfW R I	TfW	TfW ◇ Q	TfW R I	TfW R I	TfW R I R I	TfW	TfW U	TfW ◇ Q	TfW R I
Aberdaugleddau / Milford Haven	d			1124						1330
Caerfyrddin / Carmarthen	d			1229	1338					1434
Llanelli	d			1254	1403					1459
Abertawe / Swansea	d	1251		1343		1455				1533
Castell Nedd / Neath	d	1303		1354	1427	1507		1427		1544
Parcfordd Port Talbot Parkway	d	1310		1402	1434	1515		1434		1551
Pen-y-Bont ar Ogwr / Bridgend	d	1326		1417	1447	1532		1447		1606
Caerdydd Canolog / Cardiff Central	d	1351		1429	1454	1522	1555	1604	1629	1640
Casnewydd / Newport	d	1405		1442a	1509	1536	1609	1618a	1643a	1655
Cwmbrân	d	1415		1524	1546	1619				1709
Pontypwl a New Inn / Pontypool & New Inn	d				1552					1715
Y Fenni / Abergavenny	d	1428		1537	1601	1633				1725
Henffordd / Hereford	a	1454		1604	1626	1657				1750
Henffordd / Hereford	d	1454		1604	1627	1659				1753
Llanllieni / Leominster	d	1507			1640					1806
Llwydlo / Ludlow	d	1518		1626	1651	1720				1817
Craven Arms	d				1659					1826
Church Stretton	d				1708					1835
Amwythig / Shrewsbury	a	1553		1654	1722	1748				1850
Amwythig / Shrewsbury	d	1554	1624	1656	1732	1750	1824			1856
Aberystwyth	a			1920		2021				2122
Wrecsam Cyffredinol / Wrexham General	a				1808					
Yorton	d		1633x				1833x			
Wem	d		1638				1838			
Prees	d		1643x				1843x			
Yr Eglwys Wen / Whitchurch	d		1650				1850			
Wrenbury	d		1656x				1856x			
Yr Heledd Wen / Nantwich	d		1702				1902			
Crewe	a	1627	1712	1729		1828	1912			1926
Caer / Chester	a	1755		1848	1826	1952	2005			2005
Cyffordd Llandudno / Llandudno Junction	a	1858		1948	1925					
Bangor	a	1917		2014	1950					
Caerdybi / Holyhead	a	1959		2044	2019					
Wilmslow	a	1649		1749		1848				1949
Stockport	a	1701		1802		1902				2001
Manceinion Piccadilly / Manchester Piccadilly	a	1715		1814		1914				2015

Nodiadau

Q I Cheltenham Spa

U I Glyn Ebbw

Notes

Q To Cheltenham Spa

U To Ebbw Vale Town

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	TfW ◇	TfW R	TfW	TfW	TfW ◇ Q	TfW R	TfW ◇	TfW ◇ Y	TfW ◇	TfW ◇
Aberdaugleddau / Milford Haven	d					153 1				
Caerfyrddin / Carmarthen	d					1639				
Llanelli	d	1600				1709				
Abertawe / Swansea	d	1537	1652	1624		1737	1834			
Castell Nedd / Neath	d		1703	1636		1748	1846			
Parcfordd Port Talbot Parkway	d		17 11	1643		1755	1854			
Pen-y-Bont ar Ogwr / Bridgend	d		1726	1733		18 10	19 11			
Caerdydd Canolog / Cardiff Central	d	7	1755	1805		1829	1840	1939	2024	2 107
Casnewydd / Newport	d		18 10	1820a		1842a	1855	1954	2037a	2 124
Cwmbrân	d		1824			1909	2005			2 134
Pontypwl a New Inn / Pontypool & New Inn	d		1830				20 11			2 140
Y Fenni / Abergavenny	d		1839			1922	2022			2 149
Henffordd / Hereford	a	7	1904			1948	2049			22 15
Henffordd / Hereford	d	7	1906			1950	2050			22 19
Llanllieni / Leominster	d		19 19			2004	2 104			2232
Llwydlo / Ludlow	d		1931			20 15	2 116			2243
Craven Arms	d	1900				2023	2 126			2252
Church Stretton	d	19 13				2032	2 136			230 1
Amwythig / Shrewsbury	a	1935	1959			2047	2 153		2220	23 17
Amwythig / Shrewsbury Aberystwyth	d		2003		2024	205 1			2231	23 19
Wrecsam Cyffredinol / Wrexham General	a									
Yorton	d				2033x					2328x
Wem	d				2038					2333
Prees	d				2043x					2338x
Yr Eglwys Wen / Whitchurch	d				2050					2345
Wrenbury	d				2056x					235 1x
Yr Heledd Wen / Nantwich	d				2 102					2357
Crewe	a	10	2035		2 112	2 127			2302	0007
Caer / Chester	a		2 148		2227	225 1			2330	0034
Cyffordd Llandudno / Llandudno Junction	a		2257			2353				
Bangor	a		23 14			00 16				
Caerdybi / Holyhead	a	20	2356			005 1				
Wilmslow	a		2052			2 152				
Stockport	a		2 102			2204				
Manceinion Piccadilly / Manchester Piccadilly	a		2 115			22 14				

Nodiadau

Q I Cheltenham Spa

Y I Gaerloyw

Notes

Q To Cheltenham Spa

Y To Gloucester

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlywo ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

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	TfW ◇ Y	TfW ◇	TfW ◇ I										
Aberdaugleddau / Milford Haven	d												
Caerfyrddin / Carmarthen	d	2116											
Llanelli	d	2143											
Abertawe / Swansea	d	2210											
Castell Nedd / Neath	d	2221											
Parcfordd Port Talbot Parkway	d	2229											
Pen-y-Bont ar Ogwr / Bridgend	d	2245											
Caerdydd Canolog / Cardiff Central 7	d	2235	2319										
Casnewydd / Newport	d	2248a	2337										
Cwmbrân	d	2348											
Pontypwl a New Inn / Pontypool & New Inn	d	2354											
Y Fenni / Abergavenny	d	0004											
Henffordd / Hereford 7	a	0035											
Henffordd / Hereford 7	d												
Llanllieni / Leominster	d												
Llwydlo / Ludlow	d												
Craven Arms	d												
Church Stretton	d												
Amwythig / Shrewsbury	a		2348										
Amwythig / Shrewsbury	d		2348										
Aberystwyth	a												
Wrexham Cyffredinol / Wrexham General	a												
Yorton	d												
Wem	d												
Prees	d												
Yr Eglwys Wen / Whitchurch	d												
Wrenbury	d												
Yr Heledd Wen / Nantwich	d												
Crewe 10	a		0021										
Caer / Chester	a		0044										
Cyffordd Llandudno / Llandudno Junction	a												
Bangor	a												
Caerdybi / Holyhead 20	a												
Wilmslow	a												
Stockport	a												
Manceinion Piccadilly / Manchester Piccadilly 10	a												

Nodiadau







Y I Gaerloyw

Notes

Y To Gloucester

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyio ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit www.tfw.wales or call 03457 484 950.

	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
	◇	◇	11R11	◇		◇	◇	◇	11R11	11R11
Manceinion Piccadilly / Manchester Piccadilly 	d						0505		0555	0626
Stockport	d								0605	0637
Wilmslow	d								0613	0647
Caerdybi / Holyhead 	d							0421		0533
Bangor	d							0453		0601
Cyffordd Llandudno / Llandudno Junction	d							0515	0438	0621
Caer / Chester	d				0446		0620	0551	0549	0716
Crewe 	d		0454		0519	0558		0640	0709	
Yr Heledd Wen / Nantwich	d				0527	0606		0647	0717	
Wrenbury	d				0534x	0612x				
Yr Eglwys Wen / Whitchurch	d				0542	0619		0659		
Prees	d				0549x	0625x				
Wem	d				0555	0630		0709		
Yorton	d				0600x	0635x				
Wrecsam Cyffredinol / Wrexham General	d							0635		0735
Aberystwyth	d								0523	
Amwythig / Shrewsbury	a		0528		0611	0646	0713	0724	0746	0805
Amwythig / Shrewsbury	d	0522	0537	0610		0648	0713		0746	0807
Church Stretton	d	0540	0553	0626		0703	0728		0802	
Craven Arms	d	0550	0601	0634		0711	0736		0812	
Llwydlo / Ludlow	d		0610	0643		0718	0744		0821	0836
Llanllieni / Leominster	d		0621	0654		0730	0754		0832	
Henffordd / Hereford 	a		0636	0710		0746	0811		0847	0858
Henffordd / Hereford 	d	0529	0642	0710		0748	0811		0849	0902
Y Fenni / Abergavenny	d	0553	0704	0734		0812	0834		0911	
Pontypwl a New Inn / Pontypool & New Inn	d	0604	0714	0745		0822	0844		0921	
Cwmbrân	d	0609	0720	0750		0828	0849		0926	
Casnewydd / Newport	a	0621	0732	0801		0839	0900		0938	0943
Caerdydd Canolog / Cardiff Central 	a	0635	0747	0818		0854	0917		0956	0959
Pen-y-Bont ar Ogwr / Bridgend	a	0703	0826	0901		0920	1001		1026	
Parcfordd Port Talbot Parkway	a	0716	0838	0913		0935	1038		1111	
Castell Nedd / Neath	a	0724	0845	0920		0942	1045		1119	
Abertawe / Swansea	a	0740	0933	0858	0933	0955	1059		1131	
Llanelli	a	0813	0905	1002		1018				
Caerfyrddin / Carmarthen	a	0848	1038			1050				
Aberdaugleddau / Milford Haven	a									

Gall gwaith i wella rheiffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfw.wales or call 03457 48 49 50.

	TfW ◇ H	TfW ◇ I	TfW ◇	TfW ◇ I	TfW 11R0	TfW	TfW ◇ I	TfW ◇ I	TfW ◇	TfW 11R0
Manceinion Piccadilly / Manchester Piccadilly 10	d 0603	0730			0830	0755	0930			1030
Stockport	d	0739			0839	0804	0939			1040
Wilmslow	d 0620	0747			0850	08 13	0947			1049
Caerdydd / Holyhead 20	d	0549		0624	0649			0805		0853
Bangor	d	06 15		0703	07 15			0855		09 19
Cyffordd Llandudno / Llandudno Junction	d	0633		0723	0733			0923		0937
Caer / Chester	d 0647	0732		0820	0832	0755	0920	1020		1032
Crewe 10	d 0734	08 10			09 10	0920	10 10			11 10
Yr Heledd Wen / Nantwich	d 0742					0928				
Wrenbury	d 0748x					0935x				
Yr Eglwys Wen / Whitchurch	d 0756					0943				
Prees	d 0802x					0950x				
Wem	d 0808					0956				
Yorton	d 08 13x					100 1x				
Wrecsam Cyffredinol / Wrexham General	d			0834				1034		
Aberystwyth	d 0629				0728		0829			0929
Amwythig / Shrewsbury	a 0824	0841		09 12	0943	10 12	1040	1112		1143
Amwythig / Shrewsbury	d 0832	0844	0857	09 13	0944		1040	1113	1122	1144
Church Stretton	d	0859	09 15	0928			1055	1128	1142	
Craven Arms	d	0907	0924	0936				1136	115 1	
Llwydlo / Ludlow	d	09 15		0943	10 12		1109	1143		12 12
Llanllieni / Leominster	d	0926		0954	1023		1120	1154		
Henffordd / Hereford 7	a	0944		10 11	1039		1136	1209		1235
Henffordd / Hereford 7	d	0945		10 11	1039		1145	12 11		1239
Y Fenni / Abergavenny	d	1008		1034	1102		1208	1234		1302
Pontypwl a New Inn / Pontypool & New Inn	d	10 17		1044			12 19			
Cwmbrân	d	1022		1049	1115		1225	1247		13 16
Casnewydd / Newport	a	1033		110 1	1128		1237	1258		1328
Caerdydd Canolog / Cardiff Central 7	a	1048		1117	1153		1252	13 14		134 1
Pen-y-Bont ar Ogwr / Bridgend	a	1108		1159	1227		13 15	1358		1407
Parcfordd Port Talbot Parkway	a	1124		12 11	1239		133 1	14 10		1420
Castell Nedd / Neath	a	1131		12 19	1246		1338	14 17		1428
Abertawe / Swansea	a	1145	1303	123 1	1300		1352	1430	1536	1442
Llanelli	a	1208	1227	1255	1322		14 15	1458	1508	15 17
Caerfyrddin / Carmarthen	a	1238	1325	1355			1446	1527	1544	
Aberdaugleddau / Milford Haven	a		1503				1644			

Nodiadau

H I Birmingham Rhyngwladol

Notes

H To Birmingham International

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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Please check restrictions before travel.

Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfw.wales or call 03457 48 49 50.

	TfW	TfW ◊	TfW R	TfW R	TfW	TfW R	TfW R J	TfW ◊	TfW R	TfW	
Manceinion Piccadilly / Manchester Piccadilly 10	d	0955	1130		1230	1155		1330		1430	1355
Stockport	d	1004	1139		1240	1204		1339		1440	1404
Wilmslow	d	1013	1147		1249	1213		1347		1449	1413
Caerdybi / Holyhead 20	d			1040				1133			1249
Bangor	d			1109				1201			1315
Cyffordd Llandudno / Llandudno Junction	d			1127				1219			1333
Caer / Chester	d	0954	1055	1221	1232	1154	1316	1254		1432	1432
Crewe 10	d	1119	1210		1310	1319		1410		1510	1519
Yr Heledd Wen / Nantwich	d	1127				1327		1418			1528
Wrenbury	d	1134x				1334x					1535x
Yr Eglwys Wen / Whitchurch	d	1142				1342		1429			1543
Prees	d	1149x				1349x					1550x
Wem	d	1155				1355					1556
Yorton	d	1200x				1400x					1601x
Wrecsam Cyffredinol / Wrexham General	d			1236				1331			
Aberystwyth	d				1128			1229		1329	
Amwythig / Shrewsbury	a	1211	1241	1314	1343	1411	1413	1450		1543	1612
Amwythig / Shrewsbury	d		1242	1314	1346		1418	1451	1517	1544	
Church Stretton	d		1257	1329				1506	1535		
Craven Arms	d			1337				1514	1544		
Llwydlo / Ludlow	d		1311	1345	1414			1521		1612	
Llanllieni / Leominster	d		1321	1355				1532		1623	
Henffordd / Hereford 7	a		1338	1412	1436		1506	1550		1639	
Henffordd / Hereford 7	d		1338	1413	1442		1512	1551		1639	
Y Fenni / Abergavenny	d		1401	1436	1505		1534	1614		1702	
Pontypwl a New Inn / Pontypool & New Inn	d		1411					1624		1712	
Cwmbrân	d		1416		1518		1548	1629		1717	
Casnewydd / Newport	a		1430	1457	1529		1558	1640		1729	
Caerdydd Canolog / Cardiff Central 7	a		1445	1511	1542		1618	1656		1743	
Pen-y-Bont ar Ogwr / Bridgend	a		1506	1532	1613		1658	1728		1833	
Parcfordd Port Talbot Parkway	a		1518	1549	1628			1743		1849	
Castell Nedd / Neath	a		1526	1636	1651		1754			1901	
Abertawe / Swansea	a		1539	1649	1709		1811	1931		1917	
Llanelli	a		1602	1627	1719		1832	1904			
Caerfyrddin / Carmarthen	a		1629	1751	1804		1903	1938			
Aberdaugleddau / Milford Haven	a		1900				2041				

Nodiadau

J I Ddinbych-y-pysgod

Notes

J To Tenby

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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Please check restrictions before travel.

Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tf.wales or call 03457 48 49 50.

		TfW R	TfW o	TfW R	TfW o	TfW R	TfW R	TfW R	TfW R	TfW o	TfW o
Manceinion Piccadilly / Manchester Piccadilly	d	1530		1630		1555	1730		1830	1755	1930
Stockport	d	1539		1640		1604	1739		1840	1804	1939
Wilmslow	d	1549		1649		1613	1747		1849	1813	1948
Caerdybi / Holyhead	d		1433	1449				1634			
Bangor	d		1500	1515				1702			
Cyffordd Llandudno / Llandudno Junction	d		1526	1533				1720			
Caer / Chester	d	1532	1623	1632		1554	1732	1822	1756	1854	
Crewe	d	1610		1710		1719	1810		1910	1931	2010
Yr Heledd Wen / Nantwich	d	1618				1727	1818			1939	2018
Wrenbury	d					1734x				1946x	
Yr Eglwys Wen / Whitchurch	d	1629				1742	1829			1954	2029
Prees	d					1749x				2001x	
Wem	d	1638				1755	1838			2007	2037
Yorton	d					1800x				2012x	
Wrecsam Cyffredinol / Wrexham General	d		1637					1837			
Aberystwyth	d			1529				1727			1831
Amwythig / Shrewsbury	a	1650	1715	1743		1811	1849	1918	1943	2023	2048
Amwythig / Shrewsbury	d	1651	1716	1744	1807		1853	1925	1944		2052
Church Stretton	d	1706	1731		1825		1908	1941	1959		2107
Craven Arms	d	1714	1739		1836		1916	1950	2009		2115
Llwydlo / Ludlow	d	1721	1746	1813			1923	1959	2019		2122
Llanllieni / Leominster	d	1732	1757	1824			1934		2030		2133
Henffordd / Hereford	a	1750	1813	1839			1950	2022	2047		2149
Henffordd / Hereford	d	1751	1816	1840			1951	2024	2047		2154
Y Fenni / Abergavenny	d	1814	1840	1903			2014	2047	2110		2217
Pontypwl a New Inn / Pontypool & New Inn	d	1824		1913			2024		2120		
Cwmbrân	d	1829	1853	1919			2029	2101	2126		2229
Casnewydd / Newport	a	1840	1906	1931			2041	2114	2138		2241
Caerdydd Canolog / Cardiff Central	a	1857	1925	1945			2101	2128	2155		2255
Pen-y-Bont ar Ogwr / Bridgend	a	1923	2000	2006			2128	2201	2241		2347
Parcfordd Port Talbot Parkway	a	1939	2012	2019			2145	2213	2253		0003
Castell Nedd / Neath	a	1952	2019	2027			2153	2221	2300		0016
Abertawe / Swansea	a	2011	2032	2042	2208		2208	2233	2314		0034
Llanelli	a	2033			2141		2245	2329			0109
Caerfyrddin / Carmarthen	a	2100			2319			0001			0142
Aberdaugleddau / Milford Haven	a										

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
Off-Peak Day tickets may not be valid for travel between 0430 and 0930 and for journeys starting between 1600 and 1829 Mon-Fri.
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Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.
Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfw.wales or call 03457 48 49 50.

	TfW ◇	TfW	TfW ◇	TfW ◇ FX	TfW ◇ FO	TfW ◇	TfW ◇ FX	TfW FO		
Manceinion Piccadilly / Manchester Piccadilly 10	d	2030	1955	2130		2232		2232		
Stockport	d	2039	2004	2139		2241		2241		
Wilmslow	d	2047	2013	2147		2249		2249		
Caerdybi / Holyhead 20	d	1826		1949				2031	2031	
Bangor	d	1905		2018				2100	2100	
Cyffordd Llandudno / Llandudno Junction	d	1946	1931	2036				2129	2129	
Caer / Chester	d	2040	2054	2134				2230	2230	
Crewe 10	d	2120	2128	2210		2308a		2318	2320	
Yr Heledd Wen / Nantwich	d	2128	2136	2218				2326	2328	
Wrenbury	d		2144x	2223x				2331x	2333x	
Yr Eglwys Wen / Whitchurch	d		2152	2231				2339	2341	
Prees	d		2159x	2236x				2344x	2346x	
Wem	d		2205	2242				2350	2352	
Yorton	d		2211x	2246x				2354x	2356x	
Wrecsam Cyffredinol / Wrexham General	d									
Aberystwyth	d	1929								
Amwythig / Shrewsbury	a	2154	2222	2258				0006	0007	
Amwythig / Shrewsbury	d	2156			2309					
Church Stretton	d	2211			2325					
Craven Arms	d	2219			2333					
Llwydlo / Ludlow	d	2226			2342					
Llanllieni / Leominster	d	2237			2353					
Henffordd / Hereford 7	a	2252			0009					
Henffordd / Hereford 7	d	2311			0010					
Y Fenni / Abergavenny	d	2334			0034					
Pontypwl a New Inn / Pontypool & New Inn	d	2344			0044					
Cwmbrân	d	2349			0049					
Casnewydd / Newport	a	0001			0102		0007d			
Caerdydd Canolog / Cardiff Central 7	a	0015			0123		0021			
Pen-y-Bont ar Ogwr / Bridgend	a	0119								
Parcfordd Port Talbot Parkway	a	0140								
Castell Nedd / Neath	a	0147								
Abertawe / Swansea	a	0200								
Llanelli	a									
Caerfyrddin / Carmarthen	a									
Aberdaugleddau / Milford Haven	a									

Nodiadau

FX Dydd Llun i ddydd lau
FO Dydd Gwener yn unig

Notes

FX Monday to Thursday
FO Friday only

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfw.wales or call 03457 48 49 50.

	TfW ◇	TfW ◇	TfW 1R	TfW ◇	TfW	TfW ◇	TfW ◇	TfW 1R	TfW	TfW ◇
Manceinion Piccadilly / Manchester Piccadilly 10	d						0511	0627	0603	0730
Stockport	d						0514	0637	0604	0739
Wilmslow	d							0646	0620	0747
Caerdybi / Holyhead 20	d							0425		0549
Bangor	d							0457		0615
Cyffordd Llandudno / Llandudno Junction	d							0516		0532 0633
Caer / Chester	d				0446			0611	0628 0639	0732
Crewe 10	d		0454		0519	0555		0709	0719	0810
Yr Heledd Wen / Nantwich	d				0527	0603		0717	0727	
Wrenbury	d				0534x	0609x			0734x	
Yr Eglwys Wen / Whitchurch	d				0542	0616			0742	
Prees	d				0549x	0622x			0749x	
Wem	d				0555	0627			0755	
Yorton	d				0600x	0632x			0800x	
Wrecsam Cyffredinol / Wrexham General	d							0632		
Aberystwyth	d								0526	0629
Amwythig / Shrewsbury	a		0528		0611	0643	0710	0747	0811	0840
Amwythig / Shrewsbury	d	0523	0536	0610		0645	0716	0749		0844
Church Stretton	d	0541	0553	0626		0700	0731			0859
Craven Arms	d	0552	0603	0634		0708	0739			0907
Llwydlo / Ludlow	d		0612	0643		0715	0747	0818		0915
Llanllieni / Leominster	d		0623	0655		0726	0758	0829		0927
Henffordd / Hereford 7	a		0637	0710		0743	0814	0845		0944
Henffordd / Hereford 7	d	0519	0648	0713		0744	0815	0848		0946
Y Fenni / Abergavenny	d	0543	0710	0738		0807	0838	0911		1010
Pontypwl a New Inn / Pontypool & New Inn	d	0554	0720	0749		0817	0848	0922		1021
Cwmbrân	d	0559	0725	0754		0823	0853	0929		1027
Casnewydd / Newport	a	0610	0737	0805		0836	0905	0941		1039
Caerdydd Canolog / Cardiff Central 7	a	0626	0751	0822		0857	0920	0959		1053
Pen-y-Bont ar Ogwr / Bridgend	a	0703	0822	0901		0920	1001	1059		1122
Parcfordd Port Talbot Parkway	a	0718	0835	0914		0934	1013	1111		1139
Castell Nedd / Neath	a	0729	0843	0922		0943	1021	1118		1147
Abertawe / Swansea	a	0748	0934	0855	0934	0957	1033	1132		1200
Llanelli	a	0813	0906	0959		1018		1155		1223
Caerfyrddin / Carmarthen	a	0846	1028			1050		1224		1253
Aberdaugleddau / Milford Haven	a					1301				1501

Manceinion - Crewe - Amwythig - Henffordd - Caerdydd										Dydd Sadwrn	
Manchester - Crewe - Shrewsbury - Hereford - Cardiff										Saturdays	
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
	◇	◇	◇	TR	◇	◇	◇	◇	TR	◇	
Manceinion Piccadilly / Manchester Piccadilly 10	d			0830	0755	0930				1030	0955
Stockport	d			0839	0804	0940				1039	1004
Wilmslow	d			0849	0813	0948				1049	1013
Caerdybi / Holyhead 20	d		0631			0753	0819			0849	
Bangor	d		0703			0819	0858			0915	
Cyffordd Llandudno / Llandudno Junction	d		0723			0837	0922			0933	
Caer / Chester	d		0820	0754		0932	1020			1032	0954
Crewe 10	d			0910	0919	1010				1110	1119
Yr Heledd Wen / Nantwich	d				0927						1127
Wrenbury	d				0934x						1134x
Yr Eglwys Wen / Whitchurch	d				0942						1142
Prees	d				0949x						1149x
Wem	d				0955						1155
Yorton	d				1000x						1200x
Wrecsam Cyffredinol / Wrexham General	d		0835				1035				
Aberystwyth	d			0729		0829		0929			
Amwythig / Shrewsbury	a		0913	0944	1011	1040	1113			1143	1211
Amwythig / Shrewsbury	d	0856	0914	0945		1040	1116	1126	1146		
Church Stretton	d	0914	0929			1055		1144			
Craven Arms	d	0923	0937			1103		1153			
Llwydlo / Ludlow	d		0944	1013		1111	1142			1214	
Llanllieni / Leominster	d		0955			1121	1153				
Henffordd / Hereford 7	a		1010	1036		1139	1209			1236	
Henffordd / Hereford 7	d		1012	1037		1139	1210			1238	
Y Fenni / Abergavenny	d		1035	1100		1204	1233			1302	
Pontypwl a New Inn / Pontypool & New Inn	d		1044				1243				
Cwmbrân	d		1049	1113		1216	1248			1315	
Casnewydd / Newport	a	1048d	1100	1129		1230	1259			1329	
Caerdydd Canolog / Cardiff Central 7	a	1102	1116	1150		1255	1315			1349	
Pen-y-Bont ar Ogwr / Bridgend	a	1133	1158	1224		1319	1400			1423	
Parcfordd Port Talbot Parkway	a	1149	1210	1235		1333	1436			1512	
Castell Nedd / Neath	a	1201	1218	1242		1343	1443			1520	
Abertawe / Swansea	a	1218	1301	1230	1256		1357	1456	1537	1532	
Llanelli	a	1327	1228				1422		1508	1555	
Caerfyrddin / Carmarthen	a	1353	1431				1453		1624		
Aberdaugleddau / Milford Haven	a						1650		1833		

	TfW ◇	TfW ◇	TfW R	TfW R	TfW	TfW R D	TfW ◇	TfW ◇	TfW R	TfW
Manceinion Piccadilly / Manchester Piccadilly 10	d	1130			1230	1155	1330		1430	1355
Stockport	d	1139			1240	1204	1339		1440	1404
Wilmslow	d	1147			1249	1213	1347		1449	1413
Caerdydd / Holyhead 20	d			1030				1237		
Bangor	d			1102				1304		
Cyffordd Llandudno / Llandudno Junction	d			1123				1322		
Caer / Chester	d	1054		1221	1232	1154	1254	1420	1432	1354
Crewe 10	d	1210			1310	1319	1410		1510	1519
Yr Heledd Wen / Nantwich	d					1327	1418			1527
Wrenbury	d					1334x				1534x
Yr Eglwys Wen / Whitchurch	d					1342	1429			1542
Prees	d					1349x				1549x
Wem	d					1355				1555
Yorton	d					1400x				1600x
Wrecsam Cyffredinol / Wrexham General	d			1235				1434		
Aberystwyth	d				1129		1229		1329	
Amwythig / Shrewsbury	a	1241		1313	1342	1411	1448	1512		1544
Amwythig / Shrewsbury	d	1244		1316	1344		1449	1515	1525	1548
Church Stretton	d	1259		1331			1504		1543	
Craven Arms	d	1307		1339			1512		1552	
Llwydlo / Ludlow	d	1314		1346	1412		1519	1541		1616
Llanllieni / Leominster	d	1325		1357			1530			1627
Henffordd / Hereford 7	a	1342		1414	1434		1545	1605		1644
Henffordd / Hereford 7	d	1342		1416	1435		1549	1606		1646
Y Fenni / Abergavenny	d	1405		1439	1457		1612	1629		1709
Pontypwl a New Inn / Pontypool & New Inn	d	1415						1639		
Cwmbrân	d	1421		1453	1510		1625	1644		1723
Casnewydd / Newport	a	1436	1445d	1505	1521		1637	1655		1739
Caerdydd Canolog / Cardiff Central 7	a	1452	1501	1523	1535		1657	1713		1755
Pen-y-Bont ar Ogwr / Bridgend	a	1524	1533	1601	1606		1725	1758		1825
Parcfordd Port Talbot Parkway	a	1536	1549	1618	1638		1740	1810		1840
Castell Nedd / Neath	a	1544	1601	1626	1647		1752	1818		1848
Abertawe / Swansea	a	1559	1619	1639	1700		1809	1830	1932	1901
Llanelli	a	1622	1658		1757		1831	1924	1901	
Caerfyrddin / Carmarthen	a	1656	1729		1826		1903	1950	2109	
Aberdaugleddau / Milford Haven	a						2059			

Nodiadau

D I Ddoc Penfro

Notes

D To Pembroke Dock

Manceinion - Crewe - Amwythig - Henffordd - Caerdydd										Dydd Sadwrn	
Manchester - Crewe - Shrewsbury - Hereford - Cardiff										Saturdays	
	TfW R D	TfW ◇	TfW 1R	TfW ◇	TfW	TfW R	TfW ◇	TfW 1R	TfW ◇	TfW ◇	
Manceinion Piccadilly / Manchester Piccadilly 10	d	1530		1630		1555	1730		1830	1755	1930
Stockport	d	1539		1640		1604	1739		1840	1804	1939
Wilmslow	d	1547		1649		1613	1747		1849	1813	1947
Caerdydd / Holyhead 20	d	1353	1425	1449				1648			
Bangor	d	1420	1452	1515				1715			
Cyffordd Llandudno / Llandudno Junction	d	1438	1517	1533				1735			
Caer / Chester	d	1532	1614	1632		1554	1655	1833	1753	1854	
Crewe 10	d	1610		1710		1719	1810		1910	1931	2010
Yr Heledd Wen / Nantwich	d	1618				1727	1818		1918	1939	2018
Wrenbury	d					1734x				1946x	
Yr Eglwys Wen / Whitchurch	d	1629				1742	1829			1954	2029
Prees	d					1749x				2001x	
Wem	d	1638				1755				2007	2038
Yorton	d					1800x				2012x	
Wrecsam Cyffredinol / Wrexham General	d		1629					1848			
Aberystwyth	d			1529				1728			1831
Amwythig / Shrewsbury	a	1650	1707	1743		1811	1849	1926	1947	2023	2050
Amwythig / Shrewsbury	d	1652	1711	1744	1808		1854	1927	1950		2053
Church Stretton	d	1707	1726		1826		1909	1942	2005		2108
Craven Arms	d	1715	1734		1835		1917	1950	2014		2116
Llwydlo / Ludlow	d	1722	1742	1812			1924	1958	2023		2123
Llanllieni / Leominster	d	1733	1752	1823			1935		2034		2134
Henffordd / Hereford 7	a	1750	1809	1838			1951	2023	2050		2151
Henffordd / Hereford 7	d	1750	1809	1839			1952	2027	2050		2153
Y Fenni / Abergavenny	d	1813	1832	1902			2015	2050	2113		2217
Pontypwl a New Inn / Pontypool & New Inn	d	1823		1912			2025		2122		
Cwmbrân	d	1828	1845	1917			2030	2103	2128		2230
Casnewydd / Newport	a	1841	1856	1929			2041	2115	2139		2244
Caerdydd Canolog / Cardiff Central 7	a	1858	1913	1957			2100	2131	2153		2310
Pen-y-Bont ar Ogwr / Bridgend	a	1923	1938	2021			2132	2159	2241		
Parcfordd Port Talbot Parkway	a	1939	2013	2033			2211	2253	2311		
Castell Nedd / Neath	a	1951	2020	2041			2219	2300	2323		
Abertawe / Swansea	a	2010	2033	2054	2212		2231	2313	2341		
Llanelli	a	2032		2243	2141			0003			
Caerfyrddin / Carmarthen	a	2058		2315	0004			0036			
Aberdaugleddau / Milford Haven	a										

Nodiadau

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Notes

D To Pembroke Dock

	TfW ◇	TfW	TfW ◇	TfW ◇	TfW					
Manceinion Piccadilly / Manchester Piccadilly 10	d 2030		2 130	2233						
Stockport	d 2039		2 140	2242						
Wilmslow	d 2047		2 148	2250						
Caergybi / Holyhead 20	d 1825			2035						
Bangor	d 1904			2 102						
Cyffordd Llandudno / Llandudno Junction	d 1929			2 133						
Caer / Chester	d 2032	2054		223 1						
Crewe 10	d 2 110	2 128	22 10	23 14						
Yr Heledd Wen / Nantwich	d 2 118	2 136	22 18	2322						
Wrenbury	d 2 124x	2 143x	2223x	2328x						
Yr Eglwys Wen / Whitchurch	d 2 131	2 151	223 1	2335						
Prees	d 2 137x	2 158x	2236x	234 1x						
Wern	d 2 142	2204	2242	2346						
Yorton	d 2 147x	2209x	2246x	235 1x						
Wrecsam Cyffredinol / Wrexham General	d									
Aberystwyth	d 1929									
Amwythig / Shrewsbury	a 2 159	2220	2258	0005						
Amwythig / Shrewsbury	d 220 1									
Church Stretton	d 22 18									
Craven Arms	d 2226									
Llwydlo / Ludlow	d 2233									
Llanllieni / Leominster	d 2244									
Henffordd / Hereford 7	a 2259									
Henffordd / Hereford 7	d 230 1				23 15					
Y Fenni / Abergavenny	d 2324				2338					
Pontypwl a New Inn / Pontypool & New Inn	d 2334									
Cwmbrân	d 2339				2350					
Casnewydd / Newport	a 2350				0002					
Caerdydd Canolog / Cardiff Central 7	a 00 14				0026					
Pen-y-Bont ar Ogwr / Bridgend	a									
Parcfordd Port Talbot Parkway	a									
Castell Nedd / Neath	a									
Abertawe / Swansea	a									
Llanelli	a									
Caerfyrddin / Carmarthen	a									
Aberdaugleddau / Milford Haven	a									

	TfW ☺	TfW ◇	TfW	TfW ◇	TfW	TfW ◇ K	TfW ◇	TfW ☺	TfW	TfW ☺	
Manceinion Piccadilly / Manchester Piccadilly 10	d		0827					0930		1030	
Stockport	d		0835					0941		1040	
Wilmslow	d							0951		1048	
Caerdybi / Holyhead 20	d										
Bangor	d										
Cyffordd Llandudno / Llandudno Junction	d										
Caer / Chester	d		0838					0939		0957	
Crewe 10	d		0921					1014		1110	
Yr Heledd Wen / Nantwich	d		0929					1022			
Wrenbury	d		0936x								
Yr Eglwys Wen / Whitchurch	d		0944					1032			
Prees	d		0950x								
Wem	d		0956					1042			
Yorton	d		1002x								
Wrecsam Cyffredinol / Wrexham General	d										
Aberystwyth	d							0829		0929	
Amwythig / Shrewsbury	a		1014					1056		1142	
Amwythig / Shrewsbury	d	0750						1105		1146	
Church Stretton	d	0815						1120			
Craven Arms	d	0835						1129			
Llwydlo / Ludlow	d	0855						1138		1213	
Llanllieni / Leominster	d	0920						1149		1224	
Henffordd / Hereford 7	a	0950						1206		1240	
Henffordd / Hereford 7	d					1006		1208		1242	
Y Fenni / Abergavenny	d					1030		1231		1306	
Pontypwl a New Inn / Pontypool & New Inn	d					1040		1241		1316	
Cwmbrân	d					1045		1247		1322	
Casnewydd / Newport	a		0930d		0945d	1103d	1057	1140d	1258	1314d	1333
Caerdydd Canolog / Cardiff Central 7	a		0949		1004	1116	1111	1155	1315	1331	1351
Pen-y-Bont ar Ogwr / Bridgend	a		1022			1150	1133	1233	1339	1355	1430
Parcfordd Port Talbot Parkway	a		1038			1202	1146	1248	1356	1411	1445
Castell Nedd / Neath	a		1046			1209	1154		1402	1419	1452
Abertawe / Swansea	a		1100			1222	1207		1420	1431	1507
Llanelli	a		1124			1249	1231	1319			1545
Caerfyrddin / Carmarthen	a		1159			1318	1304	1348			1611
Aberdaugleddau / Milford Haven	a		1303			1459	1459				1711







Nodiadau

K I Borthladd Abergwaun

Notes

K To Fishguard Harbour

Mae'r llywybrau mewn print tywyll yn dangos gwasanaethau bysiau yn lle trenau. Gweler y posteri Information/Gwybodaeth yn y gorsafoddi i weld lle bydd y bysiau'n aros
 Shaded routes indicate replacement bus services. Please see Information/Gwybodaeth posters at stations for bus pick up point

	TfW ◇	TfW ◇	TfW	TfW Ⓜ	TfW Ⓜ	TfW ◇	TfW Ⓜ	TfW	TfW Ⓜ	TfW ◇
Manceinion Piccadilly / Manchester Piccadilly 	d			1129				1231	1155	1330
Stockport	d			1139				1241	1206	1340
Wilmslow	d			1146				1249	1213	1348
Caerdydd / Holyhead 	d		0849	0938	1020					
Bangor	d		0917	1005	1059					
Cyffordd Llandudno / Llandudno Junction	d		0937	1026	1123					
Caer / Chester	d		1039	1128	1229		1232	1222	1332	
Crewe 	d		1125	1210			1310	1320	1410	
Yr Heledd Wen / Nantwich	d		1133					1328		
Wrenbury	d		1140x					1335x		
Yr Eglwys Wen / Whitchurch	d		1148					1343		
Prees	d		1154x					1349x		
Wem	d		1200					1355		
Yorton	d		1206x					1401x		
Wrecsam Cyffredinol / Wrexham General	d				1244					
Aberystwyth	d			1029	1129				1229	
Amwythig / Shrewsbury	a		1218	1240	1322		1343	1413	1445	
Amwythig / Shrewsbury	d	1204		1244	1325		1350		1450	
Church Stretton	d	1222			1340				1506	
Craven Arms	d	1232			1348				1514	
Llwydlo / Ludlow	d			1311	1356		1418		1523	
Llanllieni / Leominster	d			1323	1407		1429		1534	
Henffordd / Hereford 	a			1338	1422		1445		1550	
Henffordd / Hereford 	d			1342	1423		1447		1550	
Y Fenni / Abergavenny	d			1405	1446		1510		1614	
Pontypwl a New Inn / Pontypool & New Inn	d			1415	1456				1624	
Cwmbrân	d			1420	1501		1523		1629	
Casnewydd / Newport	a	1341d		1433	1512	1522d	1537		1641	1722d
Caerdydd Canolog / Cardiff Central 	a	1353		1449	1528	1536	1555		1657	1735
Pen-y-Bont ar Ogwr / Bridgend	a			1512			1625		1728	
Parcfordd Port Talbot Parkway	a			1527			1640		1744	
Castell Nedd / Neath	a			1534			1648		1751	
Abertawe / Swansea	a	1602		1549			1701		1805	
Llanelli	a	1536		1654			1724			
Caerfyrddin / Carmarthen	a						1750			
Aberdaugleddau / Milford Haven	a						1907			

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arllwys ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit www.tfw.wales or call 03457 484 950.

Manceinion - Crewe - Amwythig - Henffordd - Caerdydd										Dydd Sul
Manchester - Crewe - Shrewsbury - Hereford - Cardiff										Sundays
		TfW ⓇⓂ	TfW	TfW	TfW ◇	TfW ⓇⓂ	TfW	TfW ⓇⓂ	TfW	TfW ⓇⓂ
Manceinion Piccadilly / Manchester Piccadilly	d	1430				1530			1630	1730
Stockport	d	1440				1540			1640	1740
Wilmslow	d	1448				1549			1648	1748
Caergybi / Holyhead	d					1349				1530
Bangor	d					1415				1557
Cyffordd Llandudno / Llandudno Junction	d					1433				1623
Caer / Chester	d	1422				1532			1632	1622
Crewe	d	1510	1520			1610			1710	1720
Yr Heledd Wen / Nantwich	d		1528							1728
Wrenbury	d		1535x							1735x
Yr Eglwys Wen / Whitchurch	d		1543							1743
Prees	d		1549x							1749x
Wern	d		1555							1755
Yorton	d		1601x							1801x
Wrecsam Cyffredinol / Wrexham General	d									
Aberystwyth	d	1329				1429			1527	1629
Amwythig / Shrewsbury	a	1545	1613			1644			1740	1813
Amwythig / Shrewsbury	d	1549		1620		1646			1746	1845
Church Stretton	d			1639		1701				1900
Craven Arms	d			1649		1711				1908
Llwydlo / Ludlow	d	1619				1720			1814	1916
Llanllieni / Leominster	d	1630				1731			1824	
Henffordd / Hereford	a	1647				1746			1842	1940
Henffordd / Hereford	d	1648				1747			1843	1940
Y Fenni / Abergavenny	d	1712				1809			1906	2004
Pontypwl a New Inn / Pontypool & New Inn	d					1819			1916	
Cwmbrân	d	1726				1824			1922	2016
Casnewydd / Newport	a	1739	1814d			1836	1942d	2012d	1933	2029
Caerdydd Canolog / Cardiff Central	a	1755	1827		2137	1853	1955	2026	1948	2046
Pen-y-Bont ar Ogwr / Bridgend	a	1832			2114	1920	2038	2055	2015	2111
Parcfordd Port Talbot Parkway	a	1848			2059	1936	2054	2107	2030	2126
Castell Nedd / Neath	a	1857			2051	1943	2102	2115	2037	2134
Abertawe / Swansea	a	1911			2026	1958	2116	2127	2052	2149
Llanelli	a	1934			2002		2139			
Caerfyrddin / Carmarthen	a	2004			2207					
Aberdaugleddau / Milford Haven	a	2117			2306					

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arllwys ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

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	TfW R	TfW R	TfW	TfW ◇	TfW ◇	TfW ◇ H	TfW ◇	TfW ◇	TfW	TfW
Manceinion Piccadilly / Manchester Piccadilly 10	d	1830		1930				2030		2135
Stockport	d	1840		1940				2040		2146
Wilmslow	d	1848		1948				2048		2153
Caerdydd / Holyhead 20	d	1625		1753		1826				
Bangor	d	1704		1820		1905				
Cyffordd Llandudno / Llandudno Junction	d	1725		1838		1923				
Caer / Chester	d	1826	1754		1931	2027		1955	2053	
Crewe 10	d		1910	1920	2010	2050		2110	2145	2213a
Yr Heledd Wen / Nantwich	d			1928				2117	2153	
Wrenbury	d			1935x				2122x	2200x	
Yr Eglwys Wen / Whitchurch	d			1943				2130	2208	
Prees	d			1949x				2136x	2214x	
Wem	d			1955				2141	2220	
Yorton	d			2001x				2146x	2226x	
Wrecsam Cyffredinol / Wrexham General	d	1841								
Aberystwyth	d	1727						1929		
Amwythig / Shrewsbury	a	1920	1942	2013	2045		2120	2155	2238	
Amwythig / Shrewsbury	d	1923	1947		2049		2120	2204		
Church Stretton	d	1938			2105			2220		
Craven Arms	d	1946			2113			2228		
Llwydlo / Ludlow	d	1954	2015		2122			2236		
Llanllieni / Leominster	d	2005	2025		2133			2246		
Henffordd / Hereford 7	a	2020	2040		2148			2302		
Henffordd / Hereford 7	d	2022	2041		2149			2305		
Y Fenni / Abergavenny	d	2045	2104		2213			2328		
Pontypwl a New Inn / Pontypool & New Inn	d	2056			2224			2338		
Cwmbrân	d	2101	2117		2229			2343		
Casnewydd / Newport	a	2113	2127		2240	2134d		2332d	2356	
Caerdydd Canolog / Cardiff Central 7	a	2130	2144		2257	2148		2345	0017	
Pen-y-Bont ar Ogwr / Bridgend	a	2158	2209		2320	2250				
Parcfordd Port Talbot Parkway	a	2210	2224		2336	2303				
Castell Nedd / Neath	a	2217	2231		2345	2312				
Abertawe / Swansea	a	2230	2246		2359	2325				
Llanelli	a	2355	2309							
Caerfyrddin / Carmarthen	a	0032	2342							
Aberdaugleddau / Milford Haven	a									

Nodiadau

H I Birmingham Rhyngwladol

Notes

H To Birmingham International

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyio ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

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	TfW	TfW ◇								
Manceinion Piccadilly / Manchester Piccadilly 10 	d	2230								
Stockport	d	2239								
Wilmslow	d	2247								
Caerdybi / Holyhead 20 	d		2033							
Bangor	d		2112							
Cyffordd Llandudno / Llandudno Junction	d		2139							
Caer / Chester	d		2302							
Crewe 10	d	23 11a	2330							
Yr Heledd Wen / Nantwich	d		2338							
Wrenbury	d		2344x							
Yr Eglwys Wen / Whitchurch	d		2351							
Prees	d		2357x							
Wem	d		0002							
Yorton	d		0007x							
Wrecsam Cyffredinol / Wrexham General	d									
Aberystwyth	d									
Amwythig / Shrewsbury	a		00 17							
Amwythig / Shrewsbury	d									
Church Stretton	d									
Craven Arms	d									
Llwydlo / Ludlow	d									
Llanllieni / Leominster	d									
Henffordd / Hereford 7	a									
Henffordd / Hereford 7	d									
Y Fenni / Abergavenny	d									
Pontypwl a New Inn / Pontypool & New Inn	d									
Cwmbrân	d									
Casnewydd / Newport	a									
Caerdydd Canolog / Cardiff Central 7	a									
Pen-y-Bont ar Ogwr / Bridgend	a									
Parcffordd Port Talbot Parkway	a									
Castell Nedd / Neath	a									
Abertawe / Swansea	a									
Llanelli	a									
Caerfyrddin / Carmarthen	a									
Aberdaugleddau / Milford Haven	a									

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arllwyo ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit www.tfw.wales or call 03457 484 950.

Roedd yr wybodaeth hon yn gywir adeg cyhoeddi.

This information was correct at the time of publication.

Cysylltwch â ni er mwyn:

- gofyn am yr amserlen mewn fformat gwahanol, gan gynnwys print bras
- rhoi gwybod am nam neu ddifrod i'n trenau a'n gorsafoedd
- gwneud sylw am ein gwasanaethau trên
- gofyn am wybodaeth arall i gwsmeriaid gan gynnwys y siarter teithwyr
- hawlio unrhyw iawndal am oedi o 15 munud neu ragor.

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Gallwch archebu cymorth arbennig ymlaen llaw - hyd at 2 awr cyn i'ch taith ddechrau, 24/7. I archebu, neu i gael rhagor o wybodaeth am Gymorth i Deithwyr ffoniwch ein tîm Cymorth wrth Deithio: **033 300 50 501** RelayUK: **18001 033 300 50 501** neu ewch i [trc.cymru/teithio-hygyrch](#).

Gallwch hefyd "gyrraedd a mynd" heb archebu cymorth arbennig ymlaen llaw. Byddwn yn eich helpu i gyrraedd lle'r ydych chi eisiau mynd.

You can request an assistance booking in advance - up to 2 hours before your journey is due to start, 24/7. To make a booking or for more information about Passenger Assist call our Assisted Travel team: **033 300 50 501** RelayUK: **18001 033 300 50 501** or visit [tfw.wales/accessible-travel](#).

You can also simply "turn up and go" without booking assistance in advance. We'll provide assistance to get you to your destination.



Mae toiledau hygyrch ar bob gwasanaeth, ond dim ym mhob cerbyd. Holwch staff y trên neu edrych ar yr arwyddion ar y drysau i wneud yn siŵr eich bod yn defnyddio'r rhan iawn o'r trên.

Accessible toilets are available on all our services, but not every carriage. Please check with railway staff or door signs to ensure you access the right part of the train.

Nodiadau safonol

Mae'r amseroedd **mewn coch** yn dynodi gwasaethau sy'n cysylltu

Amser cyrraedd

Amser ymadael

Yn aros i ollwng teithwyr yn unig

Yn aros i godi teithwyr yn unig

Yn aros ar gais. Rhaid i bobl sydd eisiau mynd i lawr hysbysu'r tocynnwr. Rhaid i bobl sydd eisiau mynd ar y trên roi'r arwydd llaw priodol i'r gyrrwr

Amser cysylltu a argymhellir

Yn parhau mewn colofn ddiweddarach

Parhad o golofn gynharach

Great Western Railway

West Midlands Trains

Trafnidiaeth Cymru

Avanti West Coast

Northern

Cross Country

Standard notes

Times in **red type** indicate connecting services.

a Arrival time

d Departure time

s Stops to set down only

u Stops to pick up only

x Service stops on request. Passengers wishing to alight must inform the conductor. Passengers wishing to board must give the appropriate hand signal to the driver

10 Recommended connecting time

→ Continued in later column

← Continued from earlier column

GW Great Western Railway

LM West Midlands Trains

TfW Transport for Wales

VT Avanti West Coast

NT Northern

XC Cross Country