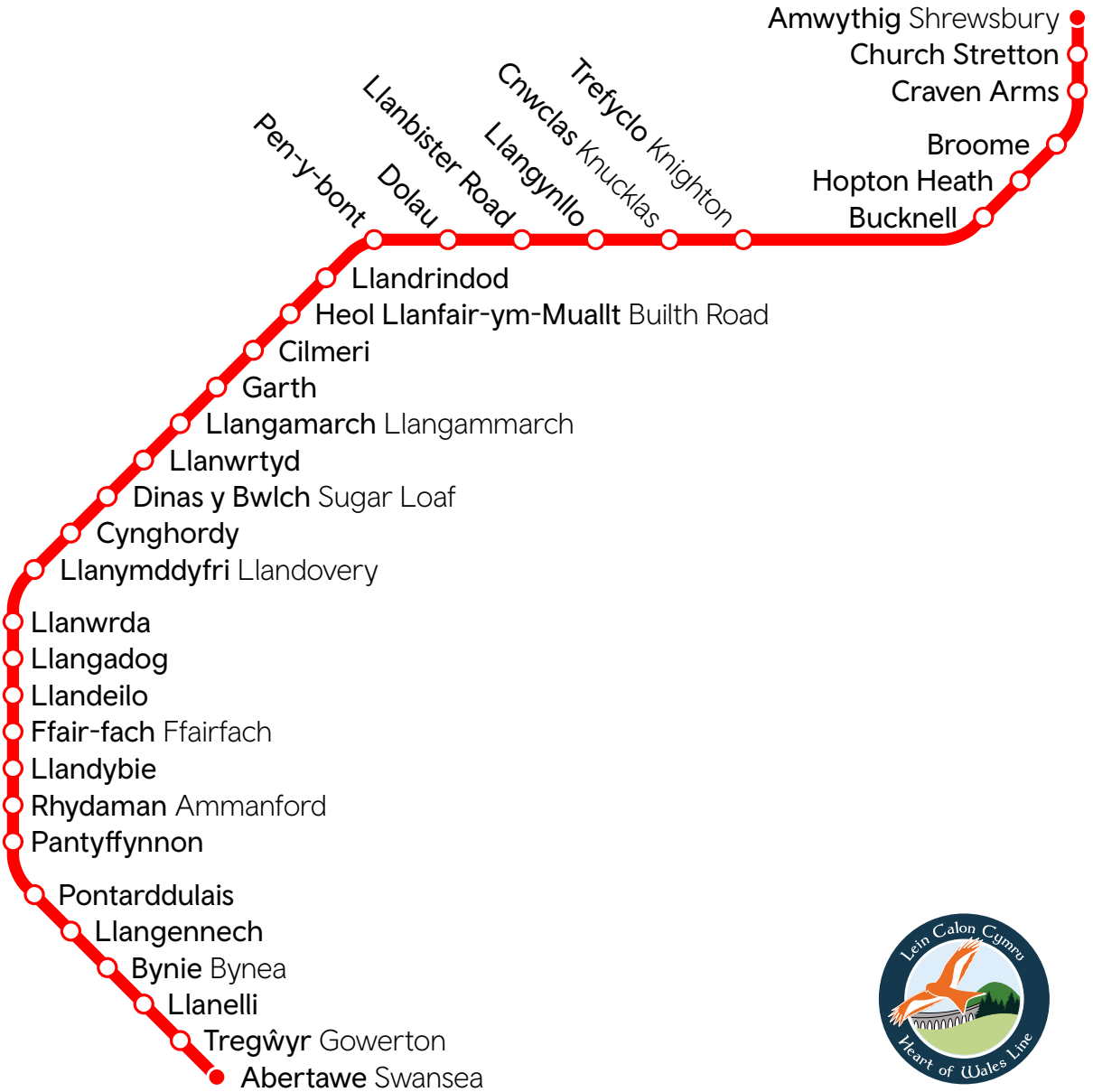
Gwybodaeth | Information

Amserau trên

Train times

Abertawe – Amwythig
‘Lein Calon Cymru’
13 Rhagfyr 2026 – 15 Mai 2027

Swansea – Shrewsbury
‘The Heart of Wales Line’
13 December 2026 – 15 May 2027



TT26.DEC_SWA-SHR_A4_V1

Newidiadau i'r amseroedd a gyhoeddwyd

Gall gwasanaethau newid. Yn ogystal â hyn, ni chynhwysir newidiadau a achosir gan waith peirianyddol na tharfu ar y diwrnod sydd heb ei gynllunio. Darperir amserlenni fel canllaw yn unig, gwiriwch cyn teithio bob tro:

trc.cymru

- Lawrlwythwch ap TrC neu ewch i trc.cymru
- Edrychwch ar y sgriniau gwybodaeth ar y platfform
- Ewch i'r man cymorth yn yr orsaf (pan fydd ar gael)
- Ffoniwch 0333 3211 202
- Messenger @TfWTrafnidiaethCymru
- WhatsApp 07790 952507

Changes to published times

Services are subject to change. Also, changes due to engineering works or on-the-day unplanned disruption are not included. Timetables are provided as a guide only, always check before you travel:

tfw.wales

- Download the TfW app or visit tfw.wales
- See customer information screens on platform
- Use the station help point (where available)
- Call 0333 3211 202
- Messenger @TfWTrafnidiaethCymru
- WhatsApp 07790 952507

Nodiadau

- 1634 Gwasanaethau uniongyrchol
- 1634 Trenau cysylltu (o bosib yn cael eu rhedeg gan weithredwyr trên eraill). Newid ar y gwasanaeth uniongyrchol nesaf/blaenorol. Mae'n bosib bydd y cysylltiadau i orsafoedd eraill yn newid, yn arbennig ar y Sul
- FO Dydd Gwener yn unig
- FX Dydd Llun – dydd Iau yn unig
- 5 Amser cysylltu argymelledig
- x1 Newid yma ar gyfer gwasanaethau tuag at Gorllewin Cymru
- x2 Newid yma ar gyfer gwasanaethau tuag at Caer, Crewe, Birmingham Rhyngwladol ac Aberystwyth
- x3 Newid yma ar gyfer gwasanaethau tuag at Pen-y-bont ar Ogwr ac Caerdydd
- x4 Newid yma ar gyfer gwasanaethau tuag at Henffordd ac Caerdydd
- a Amser cyrraedd
- d Amser ymadael
- x Gorsaf ar alw

Notes

- 1634 Direct services
- 1634 Connecting services, (may be run by other train operators). Change at the next / preceding direct service. Connections are subject to change especially on Sunday services
- FO Fridays only
- FX Mondays – Thursdays only
- 5 Recommended connecting time
- x1 Change here for services towards West Wales
- x2 Change here for services towards Chester, Crewe, Birmingham International and Aberystwyth
- x3 Change here for services towards Bridgend and Cardiff
- x4 Change here for services towards Hereford and Cardiff
- a Arrival time
- d Departure time
- x Request stop

Gwybodaeth

Pan fydd cyfleusterau ar gyfer prynu tocynnau ar gael, mae'n rhaid ichi brynu tocyn cyn mynd ar y trên. Defnyddiwch y swyddfa docynnau yn yr orsaf neu prynwch docyn ar beiriant tocynnau / gan lawrlwytho ap TrC / gan fynd i trc.cymru / drwy dapio i mewn ac allan ar gyfer teithiau sydd o fewn y rhwydwaith talu wrth fynd. Yr oriau brig yw 04:30 – 09:30 a 16:00 – 18:29 dydd Llun i ddydd Gwener.
Gwiriwch y cyfyngiadau cyn teithio.

Gallwch archebu cymorth arbennig ymlaen llaw – hyd at 2 awr cyn i'ch taith ddechrau, 24/7. I archebu, neu i gael rhagor o wybodaeth am Gymorth i Deithwyr: ffoniwch ein tîm Cymorth wrth Deithio 033 300 50 501 / ffôn testun RelayUK 18001 033 300 50 501 / ewch i trc.cymru/teithio-hygyrch. Gallwch hefyd "gyrraedd a mynd" heb archebu cymorth arbennig ymlaen llaw. Byddwn yn eich helpu i gyrraedd lle'r ydych chi eisiau mynd.

15 Os oes oedi o 15 munud neu fwy ar eich taith, mae gennych chi hawl i gael iawndal.
Gallwch chi hawlio ar-lein, ewch i trc.cymru/ad-daliad-am-oedi neu mae ffurflenni ar gael o'ch swyddfa docynnau agosaf.

Information

Where purchasing facilities are available, you must buy a ticket before you board. Use the station ticket office or ticket machine / download the TfW app / visit tfw.wales / tap on and off for journeys within the pay as you go network. Peak times are 04:30 – 09:30 and 16:00 – 18:29 Monday to Friday.
Please check restrictions before travel.

You can request an assistance booking in advance – up to 2 hours before your journey is due to start, 24/7. To make a booking or for more information about Passenger Assist: call our Assisted Travel team 033 300 50 501 / textphone RelayUK 18001 033 300 50 501 / visit tfw.wales/accessible-travel.
You can also simply "turn up and go" without booking assistance in advance. We'll provide assistance to get you to your destination.

15 If your journey has been delayed for 15 minutes or more, you are entitled to compensation.
You can claim on-line at tfw.wales/delay-repay-compensation or pick up a form from your nearest ticket office.

Cyhoeddwyd Rhagfyr 2026

Transport for Wales Rail Limited. Cwmni cofrestredig yng Nghymru a Lloegr. Rhif 12619906.
Swyddfa gofrestredig: 3 Llys Cadwyn, Pontypridd, Cymru, CF37 4TH

Published December 2026

Transport for Wales Rail Limited. Registered in England and Wales. Number 12619906.
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Abertawe – Amwythig Swansea – Shrewsbury

			Dydd Llun – Dydd Gwener Mondays – Fridays							**Dydd Sadwrn** Saturdays					**Dydd Sul** Sundays	
Caerdydd Canolog Cardiff Central	7	d	-	-	-	0536	0938	1338	1639	-	0542	0938	1339	1640	0953	1413
Abertawe Swansea	5	d	-	-	0513	0729	1039	1449	1743	0450	0730	1038	1450	1746	1110	1518
Tregŵyr Gowerton		d	-	-	0525	0741	1051	1501	1755	0502	0742	1051	1502	1758	1122	1531
Caerfyrddin Carmarthen		d	-	0446	-	-	-	-	-	-	-	-	-	-	-	-
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	-	0505	-	-	-	-	-	-	-	-	-	-	-	-
Llanelli	x1	d	-	0512	0535	0752	1102	1511	1805	0512	0752	1105	1512	1808	1132	1542
Bynie Bynea	x	d	-	0516	0540	0756	1106	1516	1811	0517	0757	1110	1518	1814	1137	1546
Llangennech	x	d	-	0520	0544	0800	1110	1520	1815	0521	0801	1114	1522	1818	1141	1550
Pontarddulais	x	d	-	0525	0548	0805	1115	1525	1819	0525	0805	1118	1526	1822	1145	1555
Pantyffynnon		d	-	0533	0557	0813	1123	1532	1827	0534	0814	1127	1534	1830	1154	1603
Rhydaman Ammanford		d	-	0537	0600	0817	1127	1536	1830	0537	0817	1130	1537	1833	1157	1606
Llandybie		d	-	0542	0604	0822	1132	1541	1835	0542	0822	1135	1542	1838	1202	1611
Ffair-fach Ffairfach	x	d	-	0549	0611	0829	1139	1549	1843	0549	0829	1142	1550	1846	1209	1618
Llandeilo		a	-	0553	0616	0834	1144	1553	1848	0554	0835	1148	1555	1851	1214	1623
Llandeilo		d	-	0555	0617	0847	1145	1554	1852	0555	0846	1148	1555	1851	1215	1624
Llangadog		d	-	0605	0626	0857	1155	1604	1902	0605	0856	1158	1605	1901	1225	1634
Llanwrda		d	-	0608	0630	0900	1158	1607	1906	0609	0900	1202	1609	1905	1229	1638
Llanymddyfri Llandovery		a	-	0616	0637	0909	1207	1616	1914	0616	0908	1210	1617	1913	1236	1645
Llanymddyfri Llandovery		d	-	0617	-	0909	1207	1616	1915	0618	0909	1211	1618	1914	1238	1647
Cynghordy	x	d	-	0624	-	0917	1215	1625	1923	0625	0916	1218	1626	1922	1245	1654
Dinas y Bwlch Sugar Loaf	x	d	-	0633	-	0926	1224	1633	1931	0634	0926	1227	1635	1930	1254	1703
Llanwrtyd		a	-	0640	-	0934	1232	1641	1939	0641	0934	1235	1643	1938	1301	1710
Llanwrtyd		d	-	0642	-	0935	1233	1642	1939	0642	0934	1235	1643	1938	1303	1711
Llangamarch Llangammarch	x	d	-	0647	-	0940	1238	1648	1945	0647	0939	1240	1649	1944	1308	1716
Garth	x	d	-	0650	-	0944	1242	1652	1949	0651	0943	1244	1653	1948	1312	1720
Cilmeri	x	d	-	0655	-	0949	1247	1657	1954	0656	0949	1249	1659	1953	1317	1725
Heol Llanfair-ym-Muallt Builth Road	x	d	-	0659	-	0953	1251	1701	1957	0659	0952	1252	1702	1956	1321	1728
Llandrindod		a	-	0712	-	1007	1305	1714	2011	0713	1007	1307	1716	2010	1334	1742
Llandrindod		d	0605	0732	-	1012	1312	1738	2025	0732	1012	1308	1738	2025	1345	1759
Pen-y-bont	x	d	0612	0738	-	1018	1319	1745	2032	0738	1018	1314	1745	2033	1351	1806
Dolau		d	0617	0744	-	1024	1325	1750	2037	0744	1024	1320	1750	2038	1357	1812
Llanbister Road	x	d	0623	0749	-	1029	1330	1756	2043	0749	1029	1325	1756	2044	1402	1817
Llangynllo	x	d	0629	0755	-	1035	1335	1802	2049	0755	1035	1331	1802	2049	1408	1822
Cnwclas Knucklas	x	d	0635	0801	-	1041	1342	1808	2055	0801	1041	1337	1808	2056	1414	1829
Trefyclo Knighton		a	0644	0809	-	1049	1349	1814	2101	0809	1049	1345	1814	2101	1422	1836
Trefyclo Knighton		d	0646	0810	-	1050	1351	1816	2103	0810	1050	1346	1816	2104	1423	1838
Bucknell		d	0652	0816	-	1056	1357	1822	2109	0816	1056	1352	1822	2110	1429	1844
Hopton Heath	x	d	0656	0821	-	1101	1401	1827	2114	0821	1101	1357	1827	2114	1434	1848
Broome	x	d	0701	0824	-	1104	1405	1831	2118	0824	1104	1400	1831	2119	1437	1851
Craven Arms	x4	d	0710	0835	-	1114	1414	1841	2127	0834	1114	1410	1841	2127	1447	1901
Church Stretton		d	0721	0847	-	1125	1425	1852	2138	0845	1125	1421	1852	2138	1500	1915
Amwythig Shrewsbury	x2 5	a	0738	0903	-	1142	1442	1910	2155	0901	1142	1438	1909	2201	1516	1936
Crewe	10	a	0829	1029	-	1228	1528	2029	2254	1029	1229	1528	2029	2305	1627	2035
Birmingham New Street	12	a	0900	1032	-	1300	1600	2032	2328	1032	1300	1600	2032	2330	1632	2133

Amwythig – Abertawe Shrewsbury – Swansea

			Dydd Llun – Dydd Gwener Mondays – Fridays								Dydd Sadwrn Saturdays					Dydd Sul Sundays	
Birmingham New Street	12	d	-	-	-	0722	1022	1452	1721		-	0722	1022	1452	1722	1022	1456
Crewe	10	d	-	-	0507	0733	1010	1510	1719		0512	0734	1010	1510	1719	1110	1520
Amwythig Shrewsbury	5	d	-	0429	0554	0835	1130	1600	1835		0554	0835	1130	1558	1835	1208	1620
Church Stretton		d	-	0447	0612	0853	1148	1618	1853		0612	0853	1148	1616	1853	1226	1640
Craven Arms	x4	d	-	0458	0623	0904	1159	1629	1904		0623	0904	1159	1627	1904	1237	1651
Broome	x	d	-	-	0629	0908	1203	1634	1909		0629	0908	1203	1633	1909	1242	1655
Hopton Heath	x	d	-	-	0633	0913	1208	1638	1913		0633	0913	1208	1637	1913	1246	1700
Bucknell	x	d	-	-	0638	0917	1212	1643	1918		0638	0917	1212	1642	1918	1251	1704
Trefyclo Knighton		a	-	0519	0646	0927	1222	1652	1927		0646	0927	1222	1651	1927	1259	1712
Trefyclo Knighton		d	-	0520	0647	0927	1222	1652	1927		0647	0927	1222	1651	1927	1300	1714
Cnwclas Knucklas	x	d	-	-	0652	0932	1227	1658	1933		0652	0932	1227	1657	1933	1306	1718
Llangynllo	x	d	-	-	0700	0939	1235	1706	1940		0700	0939	1235	1705	1940	1313	1725
Llanbister Road	x	d	-	-	0704	0944	1240	1711	1945		0704	0944	1240	1710	1945	1318	1730
Dolau	x	d	-	-	0710	0950	1246	1717	1951		0710	0950	1246	1716	1951	1324	1735
Pen-y-bont	x	d	-	-	0715	0954	1250	1721	1955		0715	0954	1250	1720	1955	1328	1740
Llandrindod		a	-	0556	0727	1007	1303	1733	2007		0727	1007	1303	1732	2007	1338	1751
Llandrindod		d	-	-	0729	1024	1324	1733	2027		0729	1022	1322	1732	2027	1353	1803
Heol Llanfair-ym-Muallt Builth Road	x	d	-	-	0738	1032	1332	1742	2036		0738	1030	1330	1741	2036	1402	1812
Cilmeri	x	d	-	-	0741	1035	1336	1746	2040		0741	1034	1334	1745	2039	1406	1815
Garth	x	d	-	-	0746	1040	1341	1751	2045		0746	1039	1339	1750	2044	1411	1821
Llangamarch Llangammarch	x	d	-	-	0750	1044	1345	1755	2049		0750	1043	1343	1754	2048	1415	1825
Llanwrtyd		a	-	-	0758	1053	1354	1803	2057		0758	1052	1352	1802	2056	1422	1833
Llanwrtyd		d	-	-	0759	1054	1358	1804	2058		0759	1053	1356	1803	2057	1424	1834
Dinas y Bwlch Sugar Loaf	x	d	-	-	0805	1100	1404	1810	2104		0805	1059	1402	1809	2103	1430	1841
Cynghordy	x	d	-	-	0811	1105	1410	1817	2111		0812	1105	1408	1816	2109	1437	1847
Llanymddyfri Llandovery		a	-	-	0823	1118	1423	1829	2123		0824	1118	1421	1828	2121	1448	1858
Llanymddyfri Llandovery		d	0641	-	0823	1118	1426	1829	2123		0824	1118	1424	1828	2121	1449	1900
Llanwrda	x	d	0647	-	0829	1123	1431	1835	2129		0830	1123	1429	1834	2127	1455	1905
Llangadog	x	d	0651	-	0834	1128	1436	1840	2134		0835	1128	1434	1839	2132	1500	1909
Llandeilo		a	0702	-	0845	1140	1448	1851	2145		0846	1140	1446	1850	2143	1510	1920
Llandeilo		d	0702	-	0845	1154	1448	1855	2145		0846	1150	1448	1853	2143	1511	1922
Ffair-fach Ffairfach		d	0705	-	0848	1157	1451	1858	2148		0849	1153	1451	1856	2146	1514	1925
Llandybie	x	d	0712	-	0856	1204	1458	1906	2156		0857	1200	1458	1904	2154	1522	1932
Rhydaman Ammanford	x	d	0717	-	0901	1209	1503	1911	2201		0902	1205	1503	1909	2159	1527	1937
Pantyffynnon		d	0720	-	0904	1213	1507	1914	2204		0905	1209	1507	1912	2202	1530	1941
Pontarddulais	x	d	0727	-	0911	1219	1514	1921	2211		0912	1215	1513	1919	2209	1537	1947
Llangennech	x	d	0731	-	0916	1224	1518	1926	2216		0917	1220	1517	1923	2214	1541	1951
Bynie Bynea	x	d	0735	-	0919	1228	1522	1930	2220		0921	1224	1521	1927	2218	1545	1955
Llanelli	x1	d	0744	-	0930	1242	1532	1944	2235		0940	1234	1535	1936	2227	1554	2006
Tregŵyr Gowerton		d	0752	-	0938	1250	1542	1952	2243		0948	1242	1545	1944	2235	1602	2014
Abertawe Swansea	x3 5	a	0811	-	0951	1303	1557	2005	2258		1002	1255	1600	2000	2250	1615	2030
Caerdydd Canolog Cardiff Central	7	a	0916	-	1115	1414	1714	2116	0019		1117	1417	1715	2115	-	1717	2140